

The

L · A · N · C · E · L · O · t

Volume 7 | Issue 3



Welcome to the third edition of *The Lancelot* for the 2024-2025 school year! While we have included a variety of articles in this publication, be sure to visit our website to see all of the articles and media created by our staff.

US

IN THIS EDITION:

 @whs.lancelot

 @whsthelancelot

Teacher Parents
Math Department
Tattoos (with a contest!)



Read more on our
WEBSITE!



and more!

MEET OUR STAFF!

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The Lancelot is a student-run magazine produced for the Waterford Community. Content decisions are made by staff members and the editorial board.

STUDENT LIFE

STUDENT PROFILE: ELVIS MACRINO 6 |
PARENTS AS TEACHERS 22 |
SMOKING CRISIS 22 |
EXOTIC PETS 22 |
QUEBEC TRIP 22 |

ACADEMICS

CHOOSING YOUR ELECTIVE 4 |
AMERICAN SIGN LANGUAGE 11 |
SCIENCE ELECTIVES 22 |

SPORTS

CLUB SPORTS V. SCHOOL SPORTS 23 |
CAPTAIN'S CORNER: HAZEL SIU 24 |

STAFF

OFFICER NORM! 14 |
THE MATH DEPARTMENT 16 |

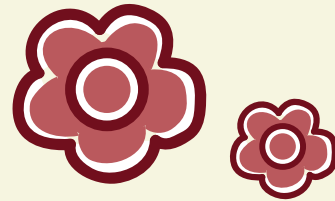
ARTS & ENTERTAINMENT

JOURNALISM MUSIC PICKS 8 |
TREASURING TATTOOS 18 |
RESTAURANT REVIEW: WHEN PIGS FLY 21 |
2025 CONCERTS 26 |
NAIL POLISH AT WHS 22 |

WHAT TO TAKE AT WHS?

BY JULIA GATHY

(For more information on these classes, scan here)



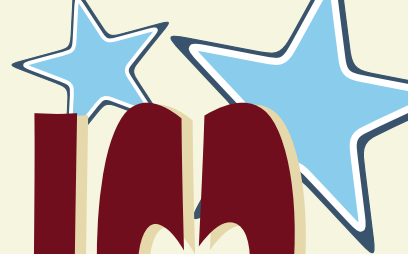
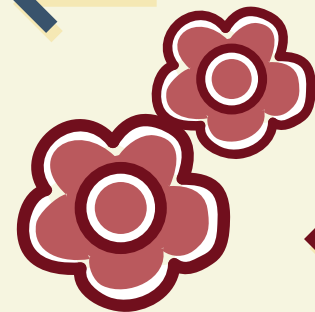
Are you a future globetrotter?

Do you "Follow your muse"?

- You should take :
- Diverse Voices
 - International foods
 - Coastal Navigation
 - AP U.S. Government & Politics
 - Asian Studies
 - French/Spanish/Latin/ASL
 - Literature of the sea
 - Black and Latino Studies
 - Journalism

- You should take :
- Classical Mythology
 - Symphonic Band/Jazz Ensemble
 - Chorus/Chamber Choir
 - String/Chamber Orchestra
 - Math in Art/Music
 - Musical Theater Ensemble/Theater Ensemble
 - AP Drawing
 - 2D/3D Art I/II/III/IV
 - Journalism

Are you obsessed with serial killers?



You should take :

- AP/ECE Environmental Science
- Marine Ecosystems
- Creating Connecticut
- Recreational Sports
- AP/ECE European History
- Journalism

You should take :

- Marketing and Branding
- Photography
- Public Speaking
- Video Production
- Digital Art and Design
- Graphic Communications
- Journalism

Are you here for the field trips?

You should take :

- Independent Living
- Culinary Essentials
- Intro to Website Development
- First Aid/CPR
- College Math Topics
- Woodworking
- Journalism

You should take:

- Crimes: Real and Imagined
- Criminal Justice
- Anatomy & Physiology
- Forensic Science
- Journalism

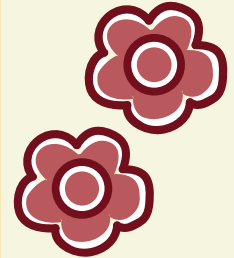
You should take :

- Construction/Transportation Engineering
- Drafting/CAD
- AP/ECE Physics
- Business 101/2/3
- AP/ECE Chemistry
- Journalism

Do you plan on (not) living in your parents basement?

Do you want to make more money than your teachers?

Are you going to be a future influencer?



Elvis MACRINO

BY KENIYAH HILL

To be unique is not something Elvis Macrino fears, but rather embraces.

Elvis Macrino is a freshman at Waterford High School this year and his striking style stands out among peers.

Elvis can often be spotted with his friend group in the halls wearing anything from ultra-baggy jeans to bold jewelry choices. Macrino explains, "I'm very proud I've found my style this early on in life and that I'm being creative with it."

Macrino began getting attention for his style in eighth grade. He says, "As time has gone on, I've learned how I liked to dress and what brands I like to wear."

"Yes, my pants have fallen down before," Elvis explains. But, that has not stopped him from believing that "there's no such thing as too baggy. People who say 'baggy blindness' are ignorant."

Macrino shares, "One thing I love about Waterford High School is the people who are accepting."

While many people are supportive of Elvis's expression, others not so much: "Adults seem to love it or hate it, usually hate it. The clothes attract the kind of person I want to be friends with."

Macrino finds some satisfaction receiving negative feedback regarding his style. He knows his confidence can intimate his peers.

"A few weeks ago at lunch I was standing in the lunch line near a table of football kids, and they were pointing

and laughing at me. I enjoyed it. It showed how unintelligent they are. I love when people hate on my outfits."

After high school, Elvis hopes to go to college at FIT to pursue his love for fashion. He says, "My dream job is to be a fashion designer because I want to be connected to that. I love watching fashion shows and seeing how small designers have grown over time."

Aside from fashion, there are many things that set Elvis apart from peers his age.

His father, Joseph Macrino, is principal at Oswegatchie Elementary School.

When asked about his father's position, Elvis shares, "Sometimes it is limiting. The things I do reflect on him, but overall, I appreciate everything he does for [my family]."

Elvis does not use Spotify or Apple Music, but instead Soundcloud. "It's like Spotify Premium but with two ads..I make music on Soundcloud at times and it's just some experimental projects me and Steevy Zweir come up with."

"Being yourself. I love that. You gotta be an individual," Macrino says.



STAFF PICKS

SPOTIFY SONGS

Check out some of the musical choices of *The Lancelot Staff!*

ALEX



The View Between Villages

"I'm back between villages and everything's still"

Noah Kahan

ALI

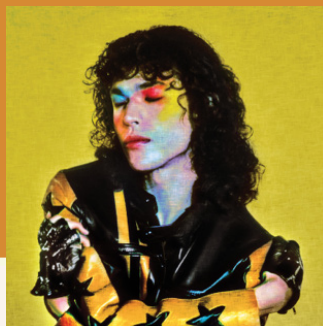
Dreams - 2004 Remaster

"It's only me who wants to wrap around your dreams"

Fleetwood Mac



ISABELLA



Winner

"You're the winner, but you don't really wanna hear the truth, do you?"

Conan Gray

LEXIE

Living Legend

"What I never said is, you're my living legend"

Lana Del Rey



ZOHEY



Right My Wrongs

"And can we talk about it later? I've gotta right my wrongs"

Bryson Tiller

CHLOE

Anchor

"Anchor up to me, love"

Novo Amor



Hands

The Visual Language

By: Isabella Lidestri & Chloe Saad



Waterford High School began offering an American Sign Language (ASL) course in 2022. This current year ASL is being taught and will take the Seal of Biliteracy in March. In the year 2025-26, ASL will be taught and run with two sections. Last year 48 students were on a waitlist to take ASL 1. This year 18 students had the ability to take ASL 2.

ASL has a very enthusiastic teacher, Mr. Nathan Wheeler.

Mr. Wheeler wanted to teach ASL because it was a language that was visual and not spoken, offering a different style for students. He started an ASL program in 2014 at Norwich Free Academy, as well as taught a class at Three Rivers Community College.

He said, "When learning at UVM, I was able to immerse myself in the Greater Burlington Deaf community, engage with native signers, and experience the culture firsthand through local Deaf events."

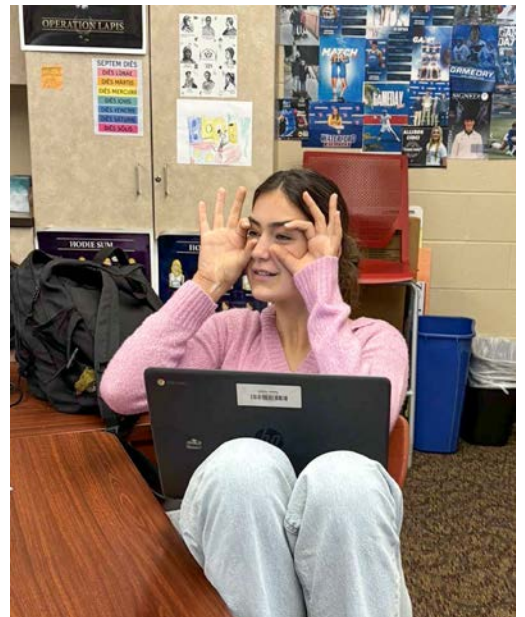
He went to the University of Vermont where he minored in special education with a focus on ASL. Burlington, Vermont has a large deaf population and he would attend deaf events to practice his signing.

Many students in ASL would recommend the class to peers who want to make a difference.

Various students interact with family and friends using ASL. One student in her second year of ASL, Cassandra Soucy uses ASL daily. Sofia Fioravanti's uncle is an interpreter, and her mom also knows ASL. Mr. Wheeler has a family friend who is Deaf and her daughter is a CODA, which is a child of a deaf adult.

Taking ASL in high school can be helpful for college.

Mr. Wheeler said, "It opens doors to career paths in communication, speech pathology and ASL interpreting. Many colleges also offer ASL as a language."



Students taking ASL now have said where they see themselves using ASL in the future.

Cassandra Soucy said that while in the workplace environment, busier areas, and stores she could see herself using sign language with customers and fellow coworkers.

Sofia Fioravanti wants to study ASL when in college. She said, "It's helpful in theater communication, when we are backstage can't hear. It's also helpful to communicate when we can't talk out loud, and you can guess signs."

Liliana Bordner says she sees herself becoming more fluent and being able to sign to deaf people. She took a train to Boston with her brother and saw college students signing to each other so she started signing back to them.

Cassandra Soucy had a Deaf customer at her job that she had to communicate with to be able to speak to them. Cassandra says, "It's very uncommon to see someone knowing ASL, so when someone knows it's a relief."

Sofia Fioravanti has used her knowledge of ASL in various conversations.

What motivated Cassandra to take ASL as her language in high school was that "Spanish is easy and ASL isn't as common to see. It's interesting to communicate with the deaf and hard of hearing."

Liliana was struggling to learn a speaking language so, "sign language looked amazing and unique, I picked up on it very easily and quickly became good at it." Liliana continues, "It is hard for people to learn because it is non-verbal, but I prefer it because I have such a hard time speaking a language."

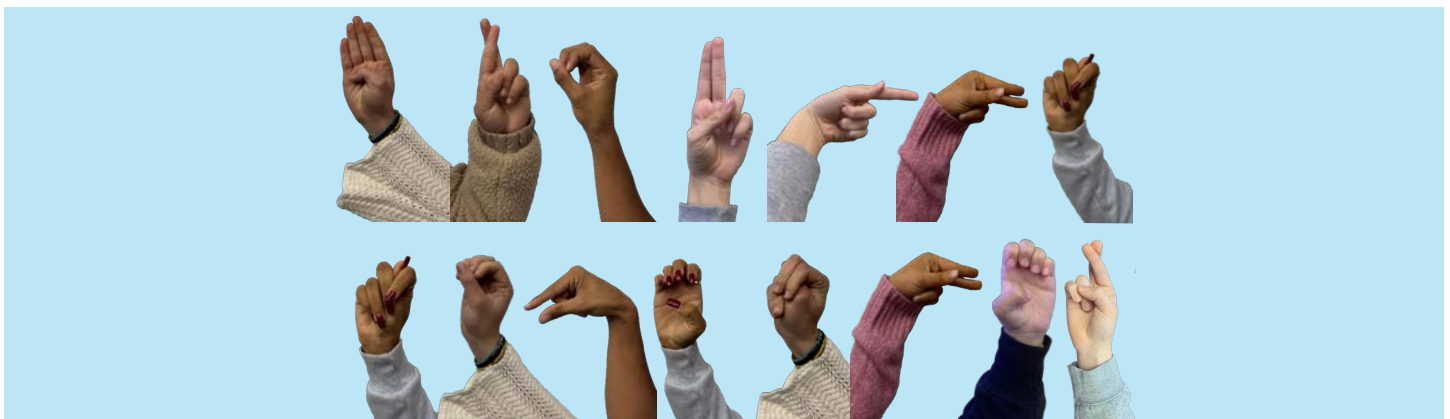
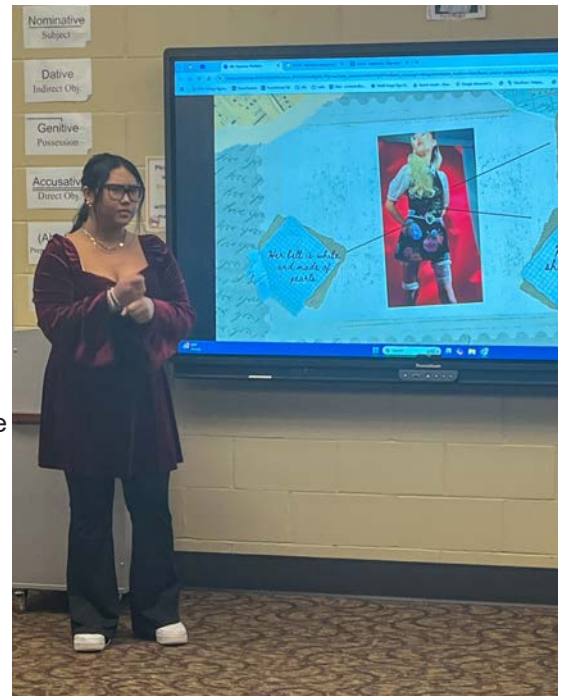
Some of the most challenging things in ASL are sentence structure when trying to communicate, facial expressions, mouth morphemes, and remembering signs when communicating.

While there are challenging aspects, there are resources and tools that can help. Some things are in-class learning with Mr. Wheeler and websites like Pocket Sign and True+Way ASL, which students find to be fun and easy to use.

Liliana Bordner says, "I definitely think ASL is worth learning. It's important because, for all the years, the Deaf community has not been able to understand us. People in the Deaf community need that sense of not having to never understand hearing people."

Mr. Wheeler says it is a language that is growing. He believes it is becoming more public, seeing interpreters on the TV as well as having Deaf characters become more common in movies and shows. He also says that "it's the most modern language, that is only 100 years old."

American Sign Language is a powerful language that can bring people together. The people who learn sign language make it easier to communicate and be brought together.



PARENTS AS TEACHERS

By Mia Majeski and
Chloe Saad

THE BAUMGARTNERS

Erica Baumgartner is a health teacher at Waterford High School. This year, she has a senior, Cole Baumgartner. She enjoys having Cole at the same school as her. Since she is the only instructor teaching the health seminar at Waterford High School, Mrs. Baumgartner had to have her son in the tenth grade.

She explained, "He was very quiet and didn't talk to me that much, which is understandable due to my subject content. During the second semester of his junior year, he started talking more to me and got closer."

She says, "I get a small glimpse into his day. I see him in the hallways and can see who he hangs out with."

She tries to stay out of Cole's academics. She lets her husband be more involved

with it, but Cole is responsible for his grades, and it is up to him to make the changes he needs to make to succeed in school.

"Over the last year, we have gotten closer, and I would love to see him in class."

If Mrs. Baumgartner had her parents as teachers in her school when she was younger, she would not have wanted to have them because they are "embarrassing."

Cole Baumgartner is a senior this year, "There is a greater expectation and I need to hold myself more accountable because I'm not just Cole, I'm also Mrs. B's son. Unlike parents who don't work at the school, she has a better idea of how our classes run and the work required to succeed."



"I c
her
her

Chris Landry is the athletic director. He has had both of his children in WHS: CJ and Chloe.

Being at WHS, he can see what they are going through and understand some of the challenges.

She explains, "Lucky for me, he is in the athletic hallway, so I usually only see him when I have physical education, where some kids see their parents in the hallway every day."

THE LANDRYS

Landry says having her father here at the school can be helpful because, "If I'm having a bad day, there is always a safe place to go to get comfort."

"I want to be part of their world, but not too part of their world." - Mr. Landry

When Landry was younger, his mother was a coach at his school. He made it clear to his mother that he did not want any favoritism and asked her not to speak to his coaches about anything.

"I enjoyed the connection of sharing in the sports experience."

Chloe Landry likes having her dad at school with her because of the perks.

Landry also explains that it can be hard at times because if anything happens involving her, he will always find out. On the topic of sports, people always jump to the conclusion that she gets on a sports team because of her dad.

She states, "That is not true, [which means I will lose credit] for doing well."



THE WALKERS

school it would have reduced the overlap between their professional and personal lives, “but it would also limit direct insights into Lucy’s academic environment.” Mr. Walker and Mrs. Walker have worked in other schools in the district.

Neither are overly involved with Lucy’s teachers. They only talk to Lucy about how she is doing in school. “She is a very conscientious and focused student. Our approach is to focus on Lucy’s independence while trusting her.” They know that she is self-driven but they also make sure if she needs either Mr. Walker or Mrs. Walker, they are there.

Mrs. Walker said, “I don’t think I would have enjoyed having my parents working at the school I was attending but it would have depended on the dynamics of our relationship at the time and the school environment.”

Mrs. Walker explains, “Teaching at the same school as Lucy and my other children has unique challenges and benefits. It allows me to be more connected to the school environment but also requires balancing the roles of parents and teachers. I enjoy this setup as it lets me maintain a close connection with them while respecting their independence.”

She has not had Lucy in any classes but she had her daughter Camille when she was at WHS and Mrs. Walker enjoyed it!

If Mrs. or Mr. Walker taught at a different

Dora Walker is a paraprofessional at WHS. Her daughter, Lucy Walker, is a junior this year.

Consider myself very lucky to be a small part of four years here at Waterford High School as a teacher, coach, and parent.”

-Mr. Walker

THE SILVESTRIS

students, her studying skills, and her use of class time.

A benefit of having Leah in his class is that Mr. Silvestri can use her like a “test dummy;” if he has a question on an assignment or he needs to see if something is too hard or too easy, he can ask her before or after class and tweak it accordingly.

Silvestri says, “It is nice to get good, honest feedback from her about what worked or didn’t work in class.”

Another benefit is now Mr. Silvestri has company on the ride to school every morning, and it helps him be on time for school because she has to be on time.

Silvestri said, “I would NOT want to have my parents as teachers when I was in high school. There are many great teachers at WHS, so I want my kids to have as many different teachers as they can. But I’d love to have each of my kids in class at least once!”

He thinks he will also get both of his younger daughters when they come up to the high school, and he said, “Based on how things are going so far with Leah, I am looking forward to it!”

Even though she likes having him in school, she thinks it is weird because she will randomly see him around the school.

She says, “I’m used to going to school and not having to think about my family and my home life until I’m back home.” Also, it is weird hearing other students calling him Mr. Silvestri. He is more involved in my academics, considering that he’s my honors English teacher this year.”

She is fine with having a class with him, but with his workload, she feels more pressure to do well because “it’s awkward if I do badly in my dad’s class.”

Leah also expressed that the situation could be frustrating at times. “If I have an argument with him at home or we’re not getting along, I still have to see him and talk to him at school.”

Overall she believes that there are many perks to having him at school. For example, “Twice this year I forgot to get something signed for my sports, and instead of stressing, I could just go to his room and ask him for it.” She states that it is also easier to talk to him if she has a question.

Francis Silvestri is an English teacher at WHS. He teaches ninth-grade English honors and sports literature to seniors. He has three daughters; this year, his oldest daughter, Leah Silvestri, is a freshman.

Now that Leah is in his class as a student, he gets to see her “in action in the classroom.” He also explains how he is impressed with how she works with other



THE STURMS

Suzanne Sturm, a math teacher at Waterford High School since 2015, currently has two students: senior Victoria Sturm and junior Colleen Sturm.

Having her children in the same school as her is fun! She loves having them in the school. Logistically, school and transportation are easy because she knows when to get to school, so all three can be on time.

She would rather have another teacher teach her kids. One reason is that the other students in the class would think there would be favoritism. It is also a benefit for her kids. They get the “high school experience” instead of having their mom teach them.

It was different teaching at another school than her children in her first year of teaching at the Interdistrict School for Arts & Communication (ISSAC) in New London, Connecticut. If ISSAC had a delay or vice versa, it was an issue for transportation.

“If I ever need something during school, I can usually get it from her.”

-Colleen Sturm

Mrs. Sturm is more involved with her children’s academics because any teacher knows where she is at all times, so any of them can come and conference with her. Also, if her kids are sick, she can keep them caught up.

When Mrs. Sturm was younger, her mom taught at Montville High School, and if Mrs. Sturm had gone to Montville, she could’ve gotten her as an English teacher. Instead, she went to Saint Bernard’s like the rest of her siblings. She said she would not have wanted to have her parents as teachers in her school when she was

younger.

One thing that Mrs. Sturm likes about teaching in the same school as her kids is that when they graduate, Mrs. Sturm can give them their diplomas at graduation.

Colleen Sturm, her junior daughter, says she likes having her mom teach at the school.

Throughout the day she does not notice her much because she does not have any classes with her.

She says there are many perks to having her parent in school, like, “On B days I have a different lunch than all of my friends, but I can just eat with her. Also, I haven’t had to take the bus since I started high school.”

Since she plays sports throughout the year, she can just put her sports equipment in her mom’s class.

yes, heated seats on the way to school. Highly recommend—10/10 experience.”

She explains how it is a different experience than not having a parent in the same school as you... she can visit her during classes... “If I don’t spot her in the hallway, she’ll 100% get a text asking where she is. It does sometimes make me late to class (sorry Mr. Fomenko), but I will not stop and have a quick chat with my mom.”

She says her mom “is 100% the reason I passed a test or two this year. She is so selfless and supportive that it’s hard to imagine getting through some days without her.”

During the summer before her sophomore year, she got homeschooled in Algebra II. “It allowed me to take only one math class per year and get through all of the APs provided.”

She says, “My parents have always been pretty involved in my academics, but teaching at the school makes her a little more involved.”

Victoria Sturm, her senior daughter, also likes having her mom as a teacher in this school. “It was very convenient during my freshman and sophomore years not to have to take the bus and hitch a ride to school each morning. No bus rides, no waking up extra early, and



PODCASTS & VIDEOS

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LOCKER ROOM *WITH CAM & KATIE*

Listen in as Cam & Katie catch up on recent games, sports, and athlete awards! Listen in at @WHSTHELANCELOT on Spotify.com!

Follow Ava Besade-Humes as she stalks our security staffer Kevin Blackburn through his daily routine.

BEHIND THE SCENES *INDOOR TRACK*

DAY IN THE LIFE *OF BLACKBURN*

Watch our student athletes at their ECC tournament.

WHS

Smoking Crisis in The Making



BY JORDAN DODD
AND REGAN BERNARDO

Electronic cigarettes, vapes, were introduced in the US in 2007, advertised as a way to combat the cigarette pandemic. The CDC found that 1.63 million high school and middle students in the US use vapes.

Vapes were invented to try to steer people away from cigarettes.

Later studies found that vaping still had many negative health effects.

Besides nicotine, vapes also can be used for marijuana. Carts or pens sales became legal in Connecticut in 2021.

Marijuana pens have a high potency of THC. These high levels of THC can cause things like dizziness, hallucinations, nausea, sweating, anxiety, and potentially panic attacks.

Marijuana use in minors could possibly affect the normal development of the brain, causing memory loss, less coordination, a weakened judgment, slower reaction times, and problems with learning.

Minors can easily buy vapes and pens from gas stations and smoke shops, despite the legal age being 21. They can also obtain them from older friends.

In Connecticut, no one under the age of 21 is legally allowed to use any products containing nicotine or marijuana.

While illegal, schools are seeing an increase in the use of vapes and carts among students.

Vaping can harm teens' mental health, with vapers being twice as likely to be diagnosed with depression.

Nicotine can also worsen symptoms of depression and anxiety.

The National Library of Medicine said that smoking marijuana while being an adolescent could delay puberty, and lead to low testosterone levels. It also heightens the chances of being diagnosed of depression and anxiety, leading to thoughts of suicide.

A study by Adam David found that 5.9% of middle and high school students vape on school grounds. Vaping is addictive, and students often get caught. Additionally, 11% of Gen Z vapes, and nearly 25% smoke marijuana.

Assistant Principal Ms. Batty says that the number of times that she catches students varies. She can catch students as often as twice a week, sometimes more, sometimes less.

Ms. Batty used to be addicted to nicotine, however thankfully she ended the addiction. She says, "I understand the addiction. It was hard to quit"

A junior at Waterford High School says she started vaping in 2023, due to her "bad boyfriend" and exposure to vapes due to her friends. She started smoking marijuana in 2024, halfway through her sophomore year, saying she started because "I don't know, I like to dabble."

Here at Waterford High School, these issues have increased in the last couple years. Generally around the time Covid hit.

The same student said that they don't bring their pen to school because she doesn't want to get caught and deal with the consequences.

If a student is caught with a nicotine vape at WHS, the first offense results

in two office detentions. A second offense leads to a 2-hour Friday detention, where students complete schoolwork. A third offense results in In-School Suspension (ISS), with further violations potentially leading to Out-of-School Suspension (OSS).

Punishment for possession of a THC pen is more serious, since THC is an actual drug.

If you're in possession of a THC vape, or a weed pen, your first offense is automatically three days of ISS. Your second offense is five days of ISS. Your third offense would be five days of OSS. Lastly, your 4th offense would be a referral.

Ms. Batty agrees with these rules.

Ms. Batty says, "I'm sad that we have students who do not get through a school day without using a substance." She asks, "What are we doing that causes this need to escape or alter one's mind?", and "What's going on in their life?"

"I feel we have a small population of students who are addicted to this and struggle to get through a school day without using the substance. This is super concerning, and the staff and I at WHS are really working to figure out different strategies to intervene and support students, while maintaining a healthy and safe environment for everyone." Assistant Principal Ms. Moore explains.

"We have suspected students many times but it is very difficult to catch students as the vape devices are small, and students are entitled to privacy in the bathroom." She states.

Vapes and pen batteries are easily hidden, and the privacy of bathrooms allows students to discreetly use them. However, some students still use vapes in class.

A junior said, "I never hit my vape in class, my mom doesn't know I vape and she can never find out so I can't get caught."

To lower the chances of that happening however, Moore states



“We have tried to implement other measures to limit that, things like the Securly passes and the cell phone policy have helped minimize this during class time.”

Ms. Moore has not vaped herself, so she can't really put herself in the shoes of a student who is trying to quit, she explained.

Another administration at Waterford High School that frequently catches students is the school resource officer, Melbourne Norm. He says, “On average, like three times a month I catch students with vapes and weed pens.”

As a Waterford Police Officer and School Resource Officer, Officer Norm

explains that if a student is caught with THC on school grounds, they will receive an automatic juvenile summons. “It is a juvenile summons, but a lot of the time it can be knocked down to a warning if it is your first offense, or be submitted to the Juvenile Review Board, JRB.”

Norm said, “I tend to be disappointed in students who I catch vaping or smoking because most of the time I tend to give them a break and then they lie to me. I mean, I get it. If you're going to do it, do it at home. Don't bring it to school. We wanna focus on the other things in school rather than running around and catching kids with vapes.”

Norm recently took part in a “Sting

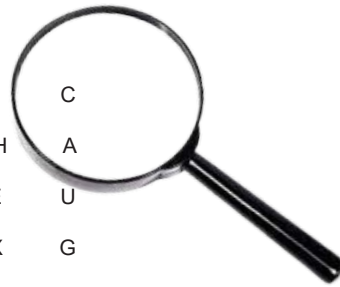
Operation” to investigate Sam’s gas station for selling vapes to underage teens. An undercover minor bought vapes without being carded, leading to the station receiving a ticket for its first offense.

This investigation has prevented kids from going to this gas station to buy these vapes, which hopefully, can reduce the amount of students accessing these vapes and weed pens.

Kids often lack support when trying to quit vaping, especially with friends still using. Platforms like www.thetruth.com offer text support, health risks, and 24/7 help for a vape-free future.

WordSearch

N	I	Z	P	H	P	D	F	I	C
H	M	J	C	N	O	P	M	H	A
R	N	I	C	O	T	I	N	E	U
B	A	T	H	R	O	O	M	X	G
M	A	R	I	J	U	A	N	A	H
F	P	O	O	O	O	V	R	Z	T
Q	E	R	P	M	C	W	A	S	W
K	H	I	B	R	A	D	K	P	W
M	K	H	N	G	R	R	G	F	E
A	I	R	P	I	T	G	P	M	V



Marijuana
Vape
Bathroom
Caught
Nicotine

Club Sports vs. School Sports: Balancing Passion and Commitment



BY CHLOE BUTLER

Photo by Wendy Morris

In Connecticut, 44.3% of high school students participate in sports. While some play for the school team, others play outside of school on club teams.

Club teams are competitive sports teams that require tryouts to join and are unaffiliated with any schools. Some people prefer them because it works better with their schedules. Others just prefer it over school sports because it's usually more competitive.

Waterford High School offers sports specific to each season. For example, field hockey is offered in the fall season. Junior Larissa Martins is a part of this team



during the fall season, but during the winter she is part of JVF field hockey club, which continues into spring.

She first started last winter because “I wanted to improve in field, but now I’ve really grown fond of the sport and miss playing during off season, so it helps me to do it year round” Martins has a passion for the sport and she feels this brings her closer to it.

Martins doesn’t prefer one over the other though: “I have many opportunities that arise from playing with the high school team, and I enjoy the season and playing other teams in our division.” This is her second year in the sport and she has a passion for it..

Martins is able to manage her time throughout the seasons and this allows for less stress and more success: “Club doesn’t really interfere with my sports team season, and once that’s over that’s when my club starts, which allows me

to prioritize one team at a time.” According to NCSA, high school sports “offer athletes an opportunity to learn the value of competing on a team to represent their school, while balancing academics to remain eligible to play, which is very similar to the college athletic experience.” School sports also help the college recruitment process for those interested in playing in college.

There are also some better benefits to playing club alongside school sports:

“Club sports are offered year round, making it great for athletes to consistently focus on skill development, while also giving college coaches more opportunities to evaluate athletes during competitions” (NCSA).

Audrey Steward, another student at WHS, participates in a different sport each season. In the fall season she plays field hockey, in the winter basketball, and in the spring lacrosse. She also participates in club sports.



Steward is part of the Dewlax lacrosse team and the JVF field hockey club. She says, "I don't prefer my club team over my school team and vice versa because they have different purposes." Although club lax is all year around Audrey is still able to separate her sports and find what works best for her.

For Steward, she doesn't find it challenging dealing with both: "It's not hard because I love playing the game and challenging myself. The only hard part is balancing school and sports at times but that just comes with good time management which I have." The now junior has found her way through high school just fine balancing all of this and wouldn't want to have it any other way.

For some though this all can be just too much to handle. Brodie Scott used to play club soccer for SSC, along with school soccer, indoor, and outdoor track.



To him, it just became too hard to keep up with: "I quit because the workload between high school practice and games then right to club was just a lot to keep up with." He says it was stressful juggling all of it.

Even though in the end he chose to quit club, he claims that he preferred it over school soccer, but he felt the sense that he had to continue at the school because he went there, so he chose to drop club. "High school is much more competitive and meaningful and in clubs it's still competitive just not as much because you don't really have rivals or play the same teams every year." In the end he says he is happy with the final decision he made.

Junior, Danica Aagsalud plays both club and school volleyball. Danica chooses to do a club sport because, "I wanted to get better during the off season as well as having the opportunity for college coaches to see me play." She believes that it brings more opportunities that may aid her future than the school team offers.

To her she doesn't prefer one over the other:

"The thing I like the most about high school is that I get to play with my friends. And I like being able to play big tournaments like ECCs and States. Being a part of the ECC finals last year, my sophomore season was so much fun."

This is Danica's first year with her new club team, Homefield Hawks. Her club season goes from November to the end of May, which overlaps with the end of her school season; however, "there are some pros and cons for both club and school. For the club I like it because it prepares me during the off-season with the number of tournaments I have on the weekends and then two practices a week, but I don't like it because I work less during club season." She also states that:

"During high school seasons we condition way more and have practices every day."

She claims that she still likes different aspects of both and plans to continue them in the future before college.

Both club sports and school sports bring their own set of advantages and challenges. Club sports offer higher competition levels, and exposure for athletes aiming to play in college. On the flip side, this can be costly and time consuming. School sports meanwhile, provide community and easier access, but might lack intensity. The best choice depends on personal goals and balance.



TREASURING TATTOOS

BY ZOE DELL

Waterford High School is a place where expressing your views and opinions is welcomed. In fact, it is encouraged. But it's not just verbal expression, it can also be artistic expression. When students are 16, they can get a tattoo with parents' permission.

Tattoos vary from red, black, to all the colors of the rainbow, and the designs are endless. There isn't a limit to imagination when it comes to art on the skin. Celebrities such as Ariana Grande, Ryan Gosling, Angelina Jolie, and Lady Gaga have tattoos. Tattoos aren't just there to spite your parents with your rebelliousness, they can also be a form of expression and memories.

A memorable tattoo is Mrs. Lally's special piece of art. She stated, "I was 21 when I got my first tattoo, and I was in Yucca Valley, California. I was satisfied with my tattoo because it had sentimental meaning. Though from an artistic eye, I wasn't very satisfied. My husband and I got our monogram as matching tattoos and it was on our first Valentine's Day as a couple, and he was being deployed to Iraq. I planned to get more after, and the pain scale was maybe a seven. I don't really remember how much it cost, since it was so long ago."

Mrs. Lally's tattoo expresses her love for her husband and to show that they'll be tethered despite them being far apart. It is a keepsake.

Senior Autumn Brown recalled her experiences with body art: "I got my first tattoo when I was 15 in Arizona. I got the tattoo on my wrist. I was very satisfied with my tattoo, and then I got another tattoo on my shoulder when I went to Italy this past

summer. My first tattoo on my wrist was a 2/10 but the one on my shoulder was a 7/10. The cost of my first tattoo was \$60 and my second was \$120."

Undergoing the tattoo for Brown was varied in experience to pain. Fortunately, she expressed how she cherished the tattoo's outcome.

While some people enjoy getting tattoos, there are those where a tattoo just doesn't feel right. Other forms of expression are more suitable for them.

Math teacher Mr. Florio says, "Because I saw it on TV, people had them, and I thought that looked cool. I was about six years old and I didn't get a tattoo because my parents didn't get a tattoo. They told me that I can't get a tattoo, and I wasn't rebellious. Then I was brainwashed into thinking tattoos were bad. My parents are old fashioned, and there might've been some religious reasons, but once you get it, you can't take it off, and that was the main, concrete reason."

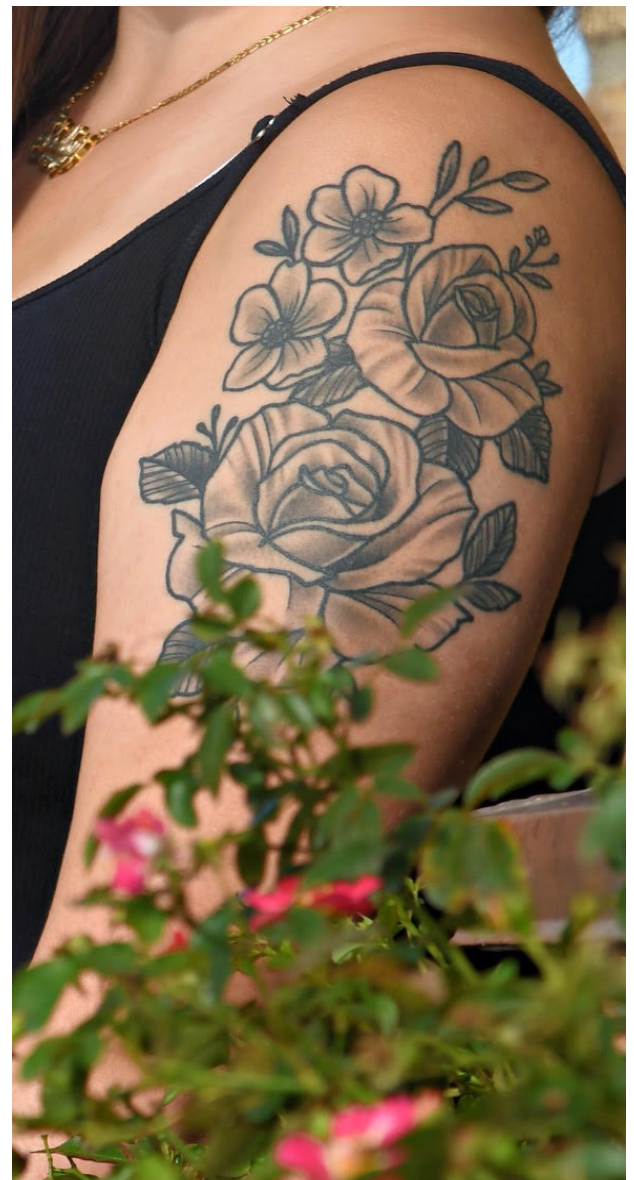
Tattoos aren't for everyone, and that's okay. Fear of pain, health risk, cost, professional concerns, and maintenance. Are all valid reasons.

Ms. Woznicki tells her story of how she got her first tattoo. "I have 4+ tattoos but I won't say the exact number. But my mom said if I got one

more, I'd be trashy. I got my first tattoo when I was 16, I told my mom that I wanted a tattoo, my mom said she wouldn't sign the consent form, but she wouldn't stop me. I saw it as a challenge. I chose a star design because I was 16 and dumb."

Feeling rebellious Mrs. Woznicki got her first ever tattoo at 16. Later she went and got matching tattoos with her.

Tattoos symbolize the importance of self expression, though it is vital that for big decisions like these, it is important to think before you act.

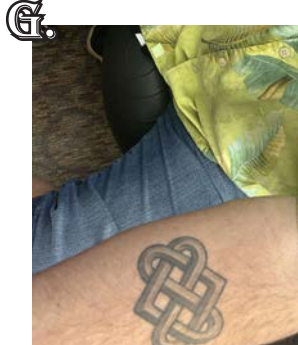
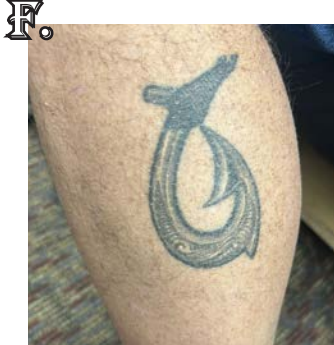


Shelby Zito

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Exotic Pets in WHS

By Elizabeth Olmstead and Maeve Pelletier



There are many people who have pets in Waterford High School, and some of these pets are exotic. Nearly 60% of households in the US own pets but only 15% own exotic animals or non-traditional pets.

One of Waterford's exotic pet owners is Mrs. Marchese, she is the owner of Best Friend, a brown axolotl. Mrs. Marchese has had Best Friend for about five years and loves everything about him. She got Best Friend when her husband worked with somebody that bred them and offered him one. She says axolotls are not very difficult to take care of.

"But I don't take care of them like my husband does." Axolotls are great pets for owners of all ages. Not only do they require an easy diet, but they are very cute.

Sophomore, Jeremy Peck, has a few exotic pets, including a hermit crab and two birds. His hermit crab is nameless and was adopted in 2006. Taking care of his crab is not difficult at all. Jeremy says, "it just sits there all day." Though hermit crabs are easy to take care of, his parents regret getting the crab because "it never dies." Jeremy's other animals, the two birds, are named Bunker and Mian, which he has no idea

when he got them because they were there before he was born. Taking care of them is claimed to be easy by Jeremy, "The birds aren't difficult, I have to give them food and water at certain times though."

Stone Larsen, a sophomore at Waterford High, has two interesting exotic animals. One of Stone's exotic pets is a tegu, a 4-foot long lizard, named Blue. Stone has had Blue since 2021 and got him when Stone's mom felt bad for the tegu in PetSmart so they adopted it. Blue is a great pet, but is hard to take care of. Due to his size, he even needs his own room in Stone's house. Tegus are not seen as aggressive and are great pets, considering their high maintenance. Another exotic animal Stone has is a leopard gecko that is small, spotted, and cute. His leopard gecko's name is Spots and was adopted in 2017 from a teacher in Norwich. Leopard geckos are great pets and are perfect for beginner lizard pet owners. He has to feed his gecko crickets and mealworms, while the tegu eats raw chicken and raw eggs.

Another sophomore, Kaylin Johnson, has a tarantula named Buddy. She decided to adopt Buddy three or four years ago because she thought that tarantulas are cool looking. Tarantulas are very venomous and scary to some people, but Johnson enjoys Buddy.

Though she likes her tarantula, taking care of Buddy is difficult in Johnson's opinion. "It makes webs in its little cave so you have to clean them out." She also has to spray the sides of the tank with water and get crickets for Buddy every other week to eat.

Finally, freshman Adrianna Price has an Eastern Painted Turtle named Bucky. The Eastern Painted Turtle is a friendly species, but is very timid. Although it is not recommended to take turtles out of the wild, just about four months ago, Price decided to take Bucky out of a lake because she says, "Bucky looked lonely." Though turtles are cute and look easy to take care of, Adrianna says otherwise. "You have to put him in a separate container to eat so he will actually eat his food."

Although many people have standard pets at Waterford High School, there are many undercover pets to be found.



When Pigs Fly

BY MALI STELIK

I visited When Pigs Fly in Waterford CT on a Sunday morning with my family. When Pigs Fly is one of the best known breakfast places in town, created by Sarina and Gwen McGugan about 10 years ago.

Before creating a business Gwen and Sabrina visited numerous restaurants to gather information on how to create the best environment. They took everything they didn't like about restaurants and created a chill and fun space for their cafe.

On a Sunday morning, it was very busy, yet the service was fast and fairly immediate. Between looking around at all the creative decorations and the smell of the coffee welcoming us in, there was no time to be bored waiting. We were soon being seated by a kind and welcoming hostess.

The staff was friendly and smiling. Most of them even made little jokes and I could tell they were making extra efforts to put a smile on customers faces. The setting and staff created a comfortable feeling from the beginning of our experience.

The menu had many breakfast options on the front, from extravagant and large options to numerous children's options. The back of the menu also offered amazing lunch options in a similar manner.

Pig's Fly is best known for is their creative and delicious specials. For their specials of the week they have a colorful chalkboard for the whole restaurant to easily see. Categories stay the same throughout the year:

pancake, omelet, house, french toast, healthy, and waffle. For each category they make something fun and specific each week.

Sunday's specials consisted of pancake - chocolate chip pineapple w/ cream cheese glaze, omelet - seasoned chicken housemade southwest macaroni and cheese served w/ toast and homefries, house - grilled bacon, beer and cheese bread topped with beans and salsa, avocado, two over easy eggs, and bayou sauce served w/ homefries, french toast - cinnamon peach cream cheese stuffed, healthy - egg sandwich on ciabatta w/ garlic hummus, mozzarella roasted red peppers and spinach served w/ fruit or vanilla yogurt, waffle - honey jalapeno cornbread waffle topped w/ bacon, two over easy eggs and cheddar served with sour cream.

These outrageous and fun specials are a great option for people looking for out of the box food ideas and a bigger breakfast! Although the ones this week sounded amazing, When Pigs Fly never fails to have amazing things every week.

Walking into When Pigs Fly I wanted a simple but delicious and healthy breakfast. I ended up going with "Little Breakfast". This consisted of two eggs, toast (of choice), home fries, and coffee. My choice of toast was rye, and I ended up getting iced

coffee instead of hot. This was the perfect breakfast choice for me. The eggs were cooked perfectly and the toast was buttered amazingly as well. As For the home fries, these are also a side that When Pigs Fly is known for. They are perfectly seasoned and cooked. Homefries are the best sides they have to offer, with many more options as well.

The prices that When Pigs Fly have to offer are very reasonable. The breakfast options are no more than \$15 with an exception of the specials, and the lunch options are mostly under \$15 as well. Cash and card are both available.

If you want to try out a cozy and comforting breakfast place with amazing food and people, visit When Pigs Fly 97 Rope Ferry Rd, Waterford, CT.



Our School's Resource Officer

BY GABRIELLA PAGANO

“This is my third year at Waterford High School.”

In August 2024, Officer Malbaurn had the opportunity to retire, but instead chose to stay at Waterford because he says he's grown good connections with all the students and staff.

He's originally from Groton, Connecticut, but in 2004, Malbaurn and his wife, Jennifer, bought their first house in Waterford. Malbaurn now lives in Montville with his three sons, Matthew, Chase, and Cole.

After Malbaurn graduated high school in June of 1990, he enlisted in the Air Force in November of 1990.

Malbaurn was part of the Air Force for nine years. He left because he says he fulfilled his requirements and wanted to focus on his career at the Waterford PD.

He went to Mohegan Community College, now known as Three Rivers Community College, for one year before transferring to Southern Connecticut State University for four years. He graduated Southern in 1996 with a degree in sports physiology and a minor in nutrition.

Sports physiology was something for him to fall back on if being a police officer didn't work out for him. He says a lot of police officers after five years realized the job is not for them, and now they only have a degree in criminal justice. His initial career choice was always law enforcement.

“While I was in college I did an internship; I did chiropractic therapy rehab with an office down in Woodbridge, Connecticut, and he thought I'd be a good chiropractor, so I applied to chiropractic schools but I needed certain prerequisites, which is why I went back to school in 1998 to start that program to get my prerequisites to go to chiropractic school,” Malbaurn states.

“Meanwhile, in 1998, I took a police exam by the LEC (Law Enforcement Council) out of Norwich that towns throughout southeastern Connecticut could pull from. In June of 1999, Waterford called me for an interview. On July 9th of 1999, I started the police academy. I graduated from the police academy in November of 1999,” he continues.

While applying for the position of police officer, Officer Malbaurn was a bicycle mechanic at Mystic Cycle Centre. During this time, he was going back to college to get his masters degree in chemis-

try at Southern Connecticut State University.

Officer Malbaurn used to be a big fitness person. He won a number of triathlons. His main sport was cycling, so he owned a lot of bikes.

Back in high school, his junior year, he was known as a goofball and hated English. His English teacher was also his wrestling coach. He'd get kicked out of that class all the time and would never finish his homework. He ended up failing his junior year of English, so he either had to stay back or do summer school. Because he wrestled though, his teacher failed him for the last quarter but passed him with a D for the full year so he got to pass junior year.

From almost failing his junior year of high school to his job being mainly in a high school, Malbaurn says, “I think it gives me a lot of insight on how kids here at the school should apply themselves. I can easily tell the difference between kids struggling in a class and kids just not caring about doing any of the work.”

“My current job is a police officer with the town of Waterford but I'm assigned as a school resource officer here at the high school. So my overall job is the safety of the students and staff.”



7 fun facts about Officer Malbaurn

1 His favorite movie is “The Godfather”

2 A weird food combination he enjoys is drinking milk when he eats pasta

3 His greatest fear is being buried alive

4 His favorite karaoke song is “Ring of Fire” by Johnny Cash

5 His least favorite part of the high school is the old gym

6 The worst place he has ever visited is Biloxi, Mississippi

7 A superstition he has is walking under a ladder brings bad luck

Up Close and Personal with the Math Department



BY DANICA AGSALUD

If you didn't know, the teachers in the math department at Waterford High have one of the closest, tight-knit relationships. Typically, you can see them around the school having lunch together, wearing matching outfits, or talking in the halls or in classrooms.

The math department at WHS consists of nine teachers: Mr. Bassett, Mrs. Sturm, Mr. Ryan, Mr. Florio, Mr. Dobo, Mr. Ellis, Mr. Steady, Mr. Seltzer, and

Mrs. Force.

So, why do the math teachers have such a great bond with each other? Algebra and Prob Stats Teacher Mrs. Force says, "We get along well and our personalities complement each other instead of clashing. We all understand our roles as well and there is a bit of a hierarchy that we follow when it comes to decision making."

Mr. Florio, an Algebra 1 and Calculus teacher, adds, "We trust each other

professionally and personally. We have each other's backs and support each other as much as we can. We have a sense of humor and try not to take things too seriously. It didn't happen overnight but from years of being together we've grown close to each other."

Like many great friendships, there is always something to bond over. The math teachers have a few things:

Many of the math teachers have

children.

Force says, “Most of us have teenage or preteen kids and those who do not, have babies around the same age.”

Almost all of the teachers have coached a sport at a time.

Mr. Ellis- WHS football 03-14, track 00-14, Fresh basketball coach 2000. From 2015-present coaches football at Fitch

Mr. Dobo- JV baseball 2013 and referee’s football, baseball, and soon to be wrestling

Ms. Force-coach field hockey and track & field

Mr. Ryan- freshman basketball, Fr/ JV baseball

Mr. Steady- coaches girls tennis

Mr. Bassett- coached freshman basketball and varsity basketball

Mr. Florio- coached Fr, JV, assisted varsity Baseball 2015-present. coach freshman bball 2016- present

Mr. Seltzer/Ms. Sturm- Neither has coached, but they attend a lot of games every year.

They have many memories and traditions together.

Mr. Florio says, “We’ve bonded over things like coaching, the impossible whopper challenge, totem pole, golfing, donut revival tactics, sports, poetry readings, accomplishments/ certifications wall, the legendary large leaning lump of Algebra papers, tailgating at Waterford vs Fitch football to support Ellis and the Lancers, March Madness, a large assortment of memes feat. Math department members, quarantine quarters, keeping data on contests, pivot tables, sewing a blanket out of WHS t-shirts we’ve collected throughout the years for a retirement gift, and food mashups [Chinese Foo Tacos, Thanksgiving Egg Rolls,

Garbage Plate, Rib Wrap, Pizza Hamburger (NOT hamburger pizza), and the coveted Flo Boy (a secret menu item at Supreme).”

Along with bonding with each other, the math teachers always try to coordinate their outfits during spirit week and every Friday, including when they wear “Bus Battle Royale” t-shirts. However, the math teachers are refusing to divulge the mystery, when people question why they wear the BBR t-shirts.

Speaking on everyone’s behalf, Florio says, “That is classified information, we cannot explain the origins of the BBR t-shirt.”

The history of the math department dressing up together has been an ongoing thing for several years. At first, the math teachers started off trying to outdo each other, but then it became a thing where they dress up and out do the other apartments.

So who comes up with the ideas and makes sure the outfits come out how it’s supposed to be? According to some of the math teachers, most can agree that Ms. Sturm, our Algebra 1 and Pre-Calc teacher, is the teacher behind all the coordination. However, the other math teachers are able to choose their own roles in order to have everything organized and help the group to have the most successful outfits.

Not many departments in other schools can see as strong of a relationship as our math department. It’s a special thing to see our teachers be not only co-workers, but best friends who can support each other in many ways.

Who is most likely to...

survive a zombie apocalypse?

Mr. Ellis or Mr. Dobo

be the biggest drama king/queen?

Mr. Bassett or Ms. Force

be the most responsible?

Mr. Steady

become famous?

Mr. Florio

get arrested?

Mr. Florio

organize a theme day?

Mrs. Sturm or Mr. Ryan



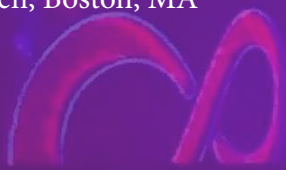
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Gracie Abrams - The Secret of Us Deluxe Tour
July 2025, TD Garden, Boston, MA



Dua Lipa - Radical Optimism Tour
September 2025, TD Garden, Boston, MA



Tate McRae - Miss Possessive Tour
August 2025, TD Garden, Boston, MA

Coldplay - Music of the Spheres World Tour
July 2025, Gillette Stadium, Foxborough, MA



Tyler, the Creator - Chromakopia: World Tour
July 2025, TD Garden, Boston, MA

Kendrick Lamar & SZA - Grand National Tour
May 2025, Gillette Stadium, Foxborough, MA



2

events

5

By Kayleigh Jones and Ava Majeski

This year some of the most popular artists are going on tour. Many of these artists will have concerts in stadiums and arenas close to Waterford.

A part of the Gracie Abrams "The Secret of Us Deluxe Tour" will be held at TD Garden in Boston, MA in July. Tate McRae will hold a concert at TD Garden during August for her "Miss Possessive Tour." Tyler the Creator will hold a concert at TD Garden in July for his "Chromakopia: World Tour." Katy Perry will also hold a concert at TD Garden in August. Dua Lipa is another artist holding a concert at TD Garden this year.

Samantha Catala is going to see Gracie Abrams at TD Garden this summer: "I like her music and would like to hear her sing live in concert, and I think it will be really fun."

Fenway Park in Boston, Massachusetts is another popular venue for artists to hold concerts close to Waterford. It is also the stadium where Shakira will hold a concert for her "Las Mujeres Ya No Lloran World Tour." She will also be playing in different cities and stadiums across the USA and South America.

Another popular place to hold concerts around here is Gillette Stadium in Foxboro, Massachusetts. Coldplay will play at Gillette Stadium in July for their "Music of the Spheres World Tour". Kendrick Lamar and SZA will hold part of their "Grand National Tour" at Gillette Stadium in May this year.

Madison Square Garden in New York City, New York is another popular place closer to Waterford for artists to hold concerts. Dua Lipa will hold multiple concerts at MSG in September for her "Radical Optimism Tour." Gracie Abrams will also be playing at MSG in July during her tour. Tyler the Creator is also holding a couple in July at MSG for his world tour.

Billie Eilish will begin touring in February in Europe and Australia for her "Hit Me Hard and Soft" album. Sabrina Carpenter will be going on tour in Europe for

her "Short N' Sweet" tour. From March to May, Usher will be touring in Europe for his "Past Present Future Tour". Olivia Rodrigo will be touring in Europe from March to July for her "Guts World Tour".

Emily Paul says, "I would like to go to a concert this year, but I do not want to spend hundreds of dollars on tickets."

There are other artists not going on tour in 2025 that some students would like to see.

" I am excited to spend time with my mom and hear Gracie sing 'Free Now' "

McKenzie Longhenry

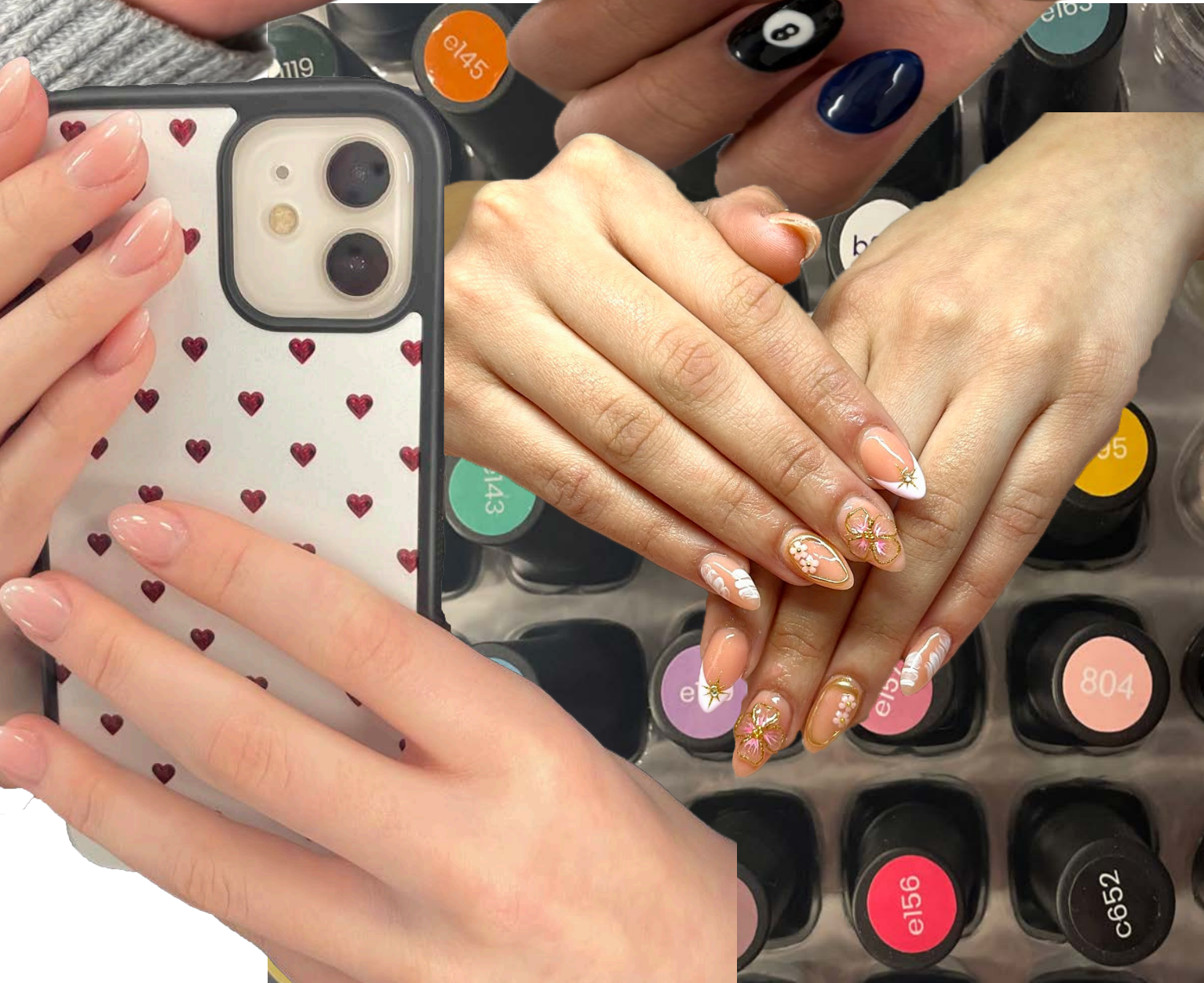
Shelby Zito says, "I would like to go to Childish Gambino because I was going to see him but he canceled the show at Mohegan."

Bianca Spera would like to see The Weeknd in concert because, "I know all his songs and that would allow me to get the most out of his concert."

Camryn Dickinson says she would like to go to a Bruno Mars concert because "I know all of his songs and would like to experience the atmosphere of one of his concerts."

" I would like to go to a concert where the artist puts a show on and doesn't just stand there and sing "

Erica Baumgartner



Polish Perfection: How Nails Are Done at WHS

BY BAILEY BAROUSSE

Going to the nail salon for a manicure gets pricey. Many Waterford students have begun to manicure their own nails. This gives individuals a boost of confidence and the pride of indulging in a DIY project.

Sophomore Chloe Landry, who does her own nails, said, “When I go to the salon it is hard to express exactly what I want. I also don’t have an ongoing job, so I don’t have money to spend on nails every few weeks. Doing it myself is way cheaper and I also get to be in the comfort of my home.”

Ordering a nail kit online and learning how to do a manicure opens up so many opportunities. Kits can be bought for as little as \$16.

“I bought a nail kit off of Amazon for \$25 and it came with everything they use at the nail salon, including 30 different colors, a UV light, a drill, and many other nail accessories. I also bought some of it off of Shein, which may seem crazy, but I find that the products work well,” Landry adds.

Gel nails last much longer when compared to air-dry polish, which is a win for both going to a salon and doing it yourself. The UV/LED lamp is used to cure the gel in seconds, so less time is spent doing the nails, and significantly less is spent on worrying about messing them up.

On the other hand, going to a salon

is exciting and reliable because the nail technicians are professionals who are educated in all shapes and styles, while still ensuring safety.

Xinxia Liu representing Q Nails & Spa said, “The cost for a set can depend on the salon, but for us it’s \$50-\$80 depending on the length and design.”

Freshman Gianna Gingras ex-

“I enjoy having them done because it’s something I’m able to look forward to and it feels like a treat for myself.”

-Phoenix Hille

pressed, “I like to get gel tips when I’m at the salon.”

Gel tips are a healthy option for nail extensions. They are lightweight, have an easy removal, and won’t weaken your natural nails if removed properly. The nail technicians are certified professionals, so there is a significantly lower chance to have nail damage from the tips.

However, Acrylics are a popular alternative to gel nails. Liu added, “Acrylics make my nails stronger and they don’t rip easily. If you don’t take good care of your nails and rip them off, it could cause damage. I think they’re worth it because you can’t stop looking at

them once they’re done and they make your hands look prettier.” Sophomore Phoenix Hille said, “I usually pay \$60 a month to get a fill.”

Whether it’s getting your nails done at a salon or having a salon at home, showing off your polish is a universal experience that defines girlhood.



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Teens & Social Media: Trends and Usage

by Puja Pantha

Social media has become a big part of teenage life, with platforms like TikTok, Snapchat, and Instagram shaping their daily routines. A survey by Pew Research Center of 1,453 teens aged 13 to 17 shows that the most popular platforms are TikTok (63%), Snapchat (60%), and Instagram (59%). For older teens aged 15 to 17, about seven in ten use these apps regularly.

This trend is clear at our school too.

Junior Alene Diaz said, "One of my top apps is Instagram." Sophomore Ireoluwa Sogunle shared, "I use Hulu, TikTok, and Instagram the most." Junior Zoe Dell added, "TikTok is my most used app." Sophomore Priya Pantha said, "My top three apps are TikTok, YouTube, and Instagram." Junior Makayla Valentin-Hunt agreed, saying, "My top most used apps are TikTok, Instagram, and Snapchat."

While TikTok, Snapchat, and Instagram are the favorites, apps like Facebook and Twitter are not as popular anymore. According to the Pew Research Center, Facebook use among teens has dropped from 71% in 2014-2015 to just 33% today. Twitter, renamed X in July 2023, has also seen fewer teen users over the years.

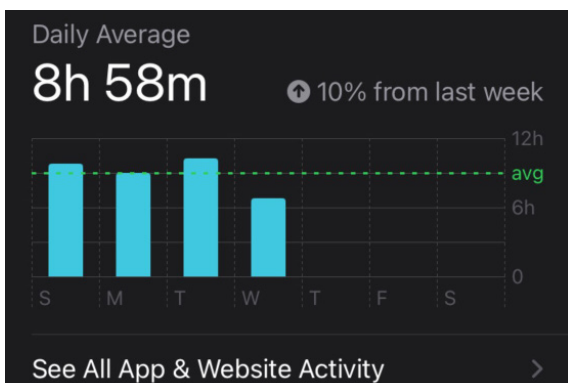
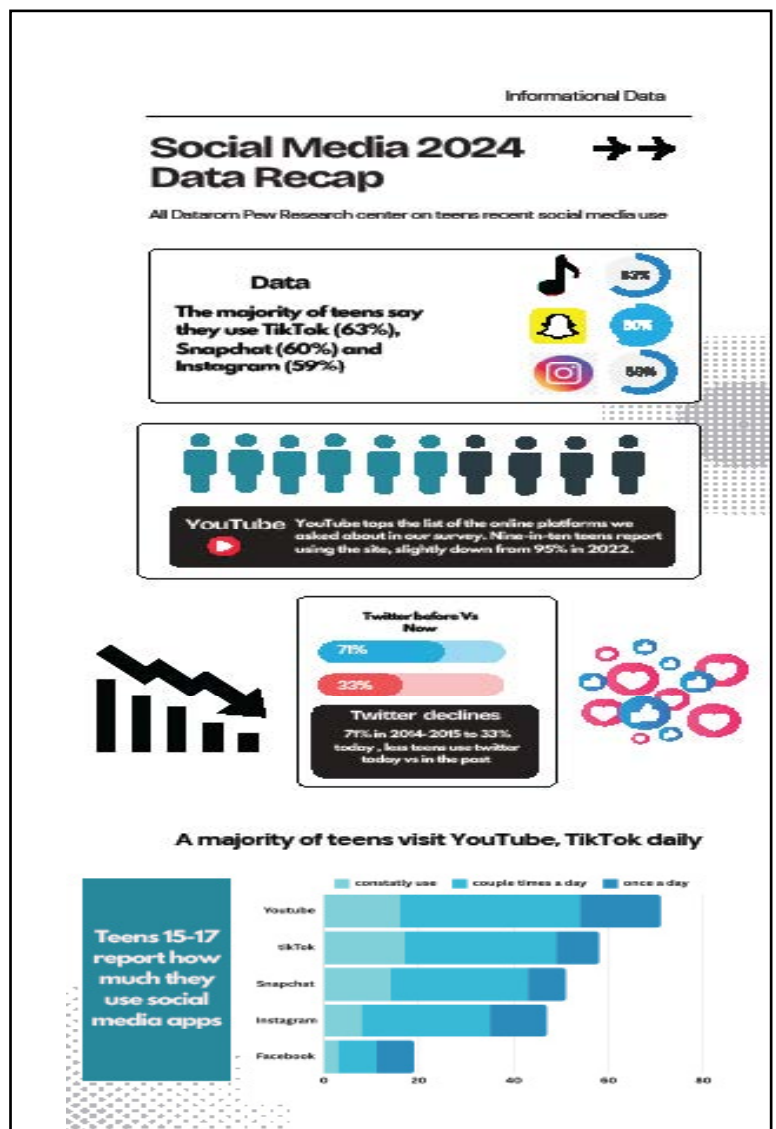
Students at our school have noticed this change.

Junior Alene Diaz said, "I feel like Twitter and Facebook are the least popular apps these days." Sophomore Ireoluwa Sogunle added, "Discord and Tumblr are also not as popular anymore." Others, like Makayla Valentin-Hunt, Zoe Dell, and Priya Pantha, also said that Facebook and Twitter are rarely used by teens now.

The amount of time teens spend on social media varies.

Junior Makayla Valentin-Hunt said she spends about six hours a day on social media. Junior Alene Diaz said she spends two hours a day messaging friends and family. Sophomore Ireoluwa Sogunle shared, "I'd say I spend six to eight hours a day on social media." Sophomore Priya Pantha spends about three hours on school days and more on weekends. Junior Zoe Dell said, "I mindlessly scroll on TikTok when I get home from school unless I have to put up decorations or talk to my family."

Social media remains an important way for teens to connect with friends and family, and platforms like TikTok, Instagram, and Snapchat dominate their online activities. Meanwhile, apps like Facebook and Twitter continue to decline in popularity among younger users.



ARTICLE WORD SEARCH

Can you find these words relating to this edition's articles?

- MATH TATTOOS
- TRIPS CONCERTS
- NORM CAPTAINS
- NAILS CHATGPT
- VAPING WHEELER
- SOCIALS

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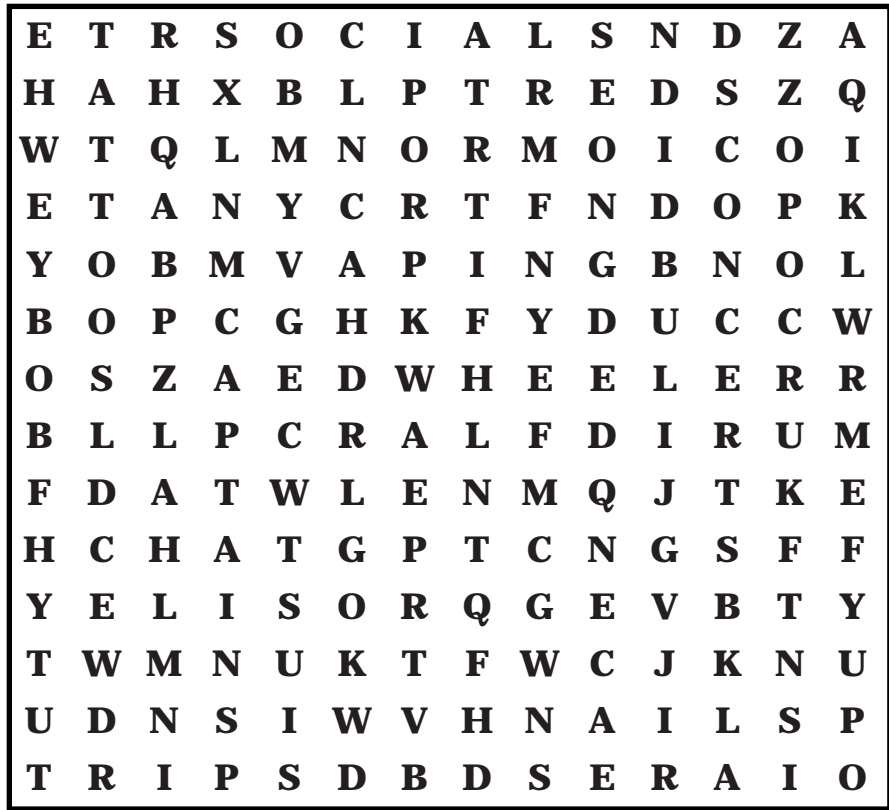
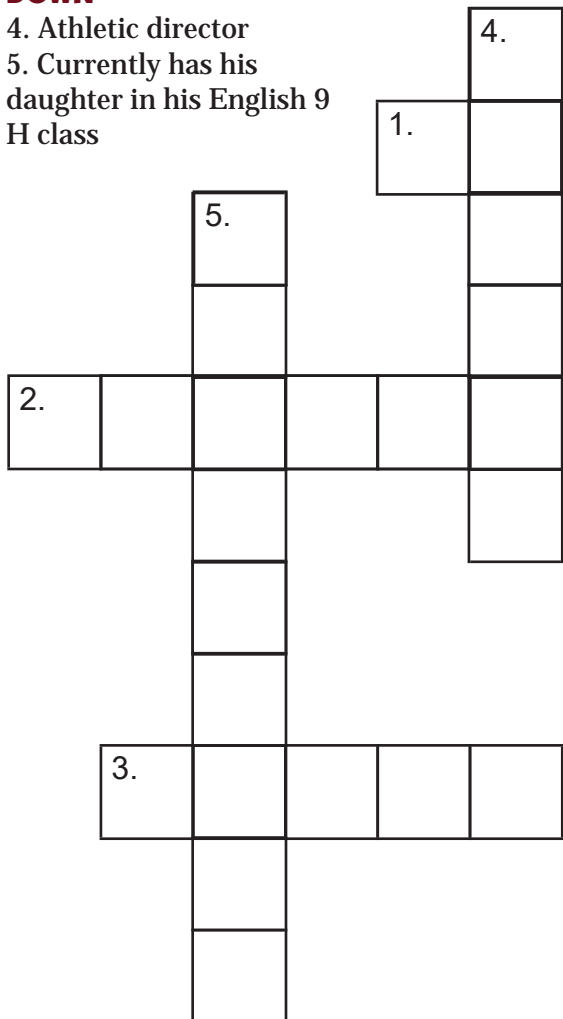
Can you find these names relating to teachers whose children currently attend WHS?

ACROSS

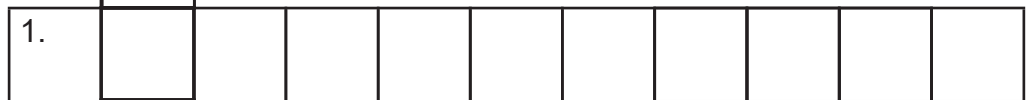
1. Teaches the required health class
2. They have a daughter named Lucy
3. Has 2 daughters that currently attend WHS

DOWN

4. Athletic director
5. Currently has his daughter in his English 9 H class



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5								4
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3	8		5			2		9
		5		7	2	3	1	8

Find the missing numbers to complete this puzzle!