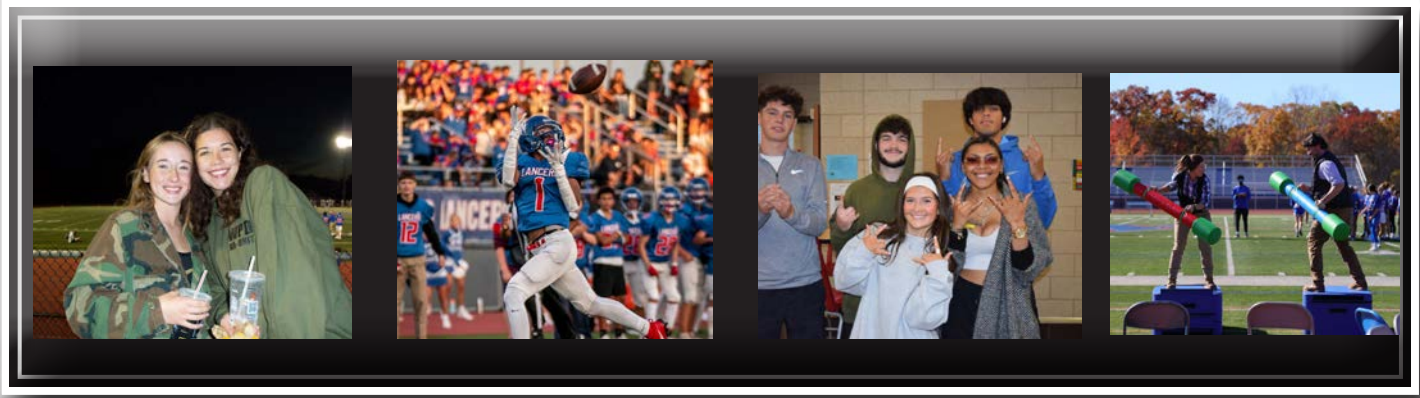


THE LANCELOT

Volume 6
Issue 1



Waterford High School



The Lancelot

Dear Readers,

Welcome to *The Lancelot's* first issue of the 2023-2024 school year! We are so excited to share with our first ever magazine publication with you and share our articles with you. We hope this edition will aid in the transition from summer to fall, and will familiarize you with our work.

To kick off your autumn the right way, Isabel Henry created the perfect fall agenda, featuring local fall festivals, recipes, and events. "Fall Favorites" is the ultimate guide to embracing Connecticut autumns, pumpkin spice, and everything in between - Page 4

The perfect article for the beginning of the school year, "AP Courses" by Alexis Hullivan talks about AP courses at WHS and their importance - Page 18

Regan Bernardo interviews WHS's new school secretary Mrs. Camie Lozier for her article "WHS School Secretary" where she talks about Mrs. Lozier's role in the school - Page

Lauren Montanari's article "How to Attend a Lancer Sports Game" explains WHS sports etiquette and how students can come support their favorite athletes - Page 12

WHS Senior Emma Way talks about traditional senior activities

that many kids look forward to since freshman year in her article "Senior Traditions." - Page 19

Saeeda Samed writes about the hottest movie of 2023, Barbie, and its impact on women in her article "The Impact of Barbie." - Page 6

Studying foreign languages is required at WHS, but it is also incredibly useful in the workforce. In her article "Foreign Language Tips" Isabella Dioquino collects a series of tips to aid students in their pursuit of new languages - Page 20

WHS has a new head coach for girls swimming and Elizabeth Saucier interviews her for her article - Page 15

Gracie Bartelli talks about the most

popular makeup and skincare trends of 2023. While Zoey Cone gives shopping advice for the upcoming year - Page 8

We hope you enjoy this edition of *The Lancelot*, and get to know us better. Until next edition...

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Scan the Qr code below!**



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ACROSS

3. _____ back buns are a very popular hairstyle currently.

7. The youngest people in our school are _____

9. A movie that came out in 2023 about the father of the atomic bomb.



DOWN

1. _____ codes save money when shopping

2. A movie about a child toy

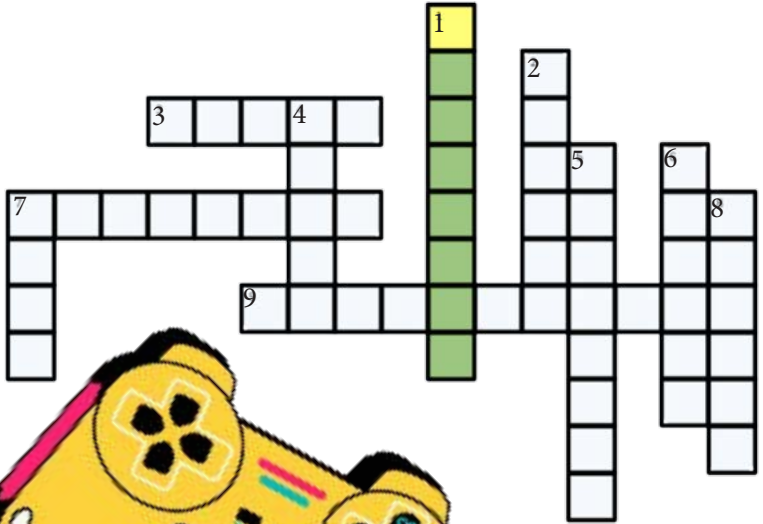
4. A Spanish teach here at WHS

5. it is extended on Wednesdays and changes our school schedule

6. Cosmetic products that people wear to improve appearance.

7. Spooky season

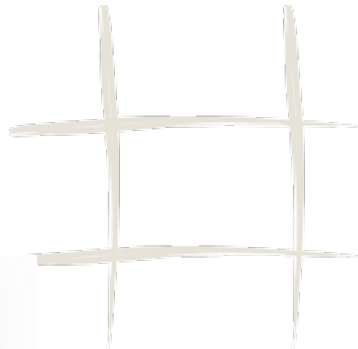
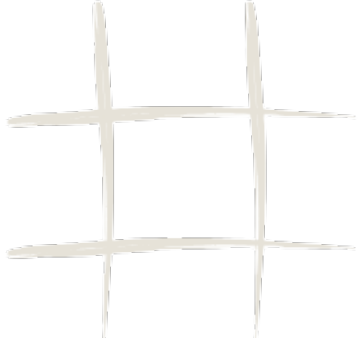
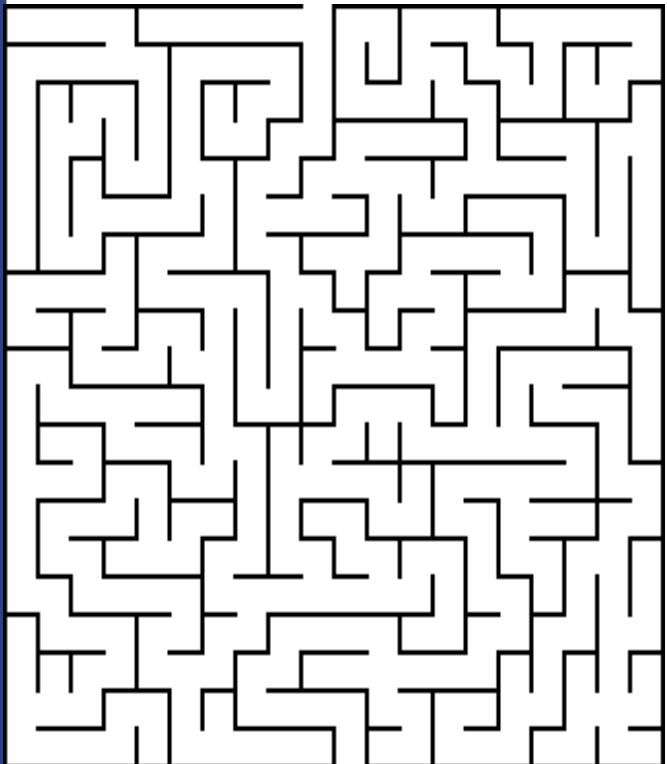
8. _____ Movies are popular in the Fall



CRYPTOQUOTE

Use letter substitution (T=F) to solve the puzzle below.

_ E _ T _ _ C _ F _ P _ _ N _ P _ I _ N _ A _ X _ E _ I _ G _ _ Q _ F _ _ Q _ K _ G _
 _ O _ U _ M _ A _ G _ O _ F _ Q _ _ F _ M _ O _ E _ M _ G _ _ C _ F _ P _ _ L _ E _ O _ O _ _ I _ G _
 _ G _ M _ Q _ G _ X _ G _ J _ _ E _ M _ Q _ F _ _ U _ _ X _ U _ T _ T _ O _ G _ _ T _ F _ X _
 _ Q _ F _ _ Q _ K _ G _ _ N _ A _ K _ F _ F _ O _ _ N _ Q _ F _ X _ G _



TOE

Fall Favorites

BY: ISABEL HENRY



Fall is here! There are so many fun things to do in the fall and so many delicious, festive, fall treats. The Lancelot has thought of some fun, horrifying, and exciting activities for you to do and some tasty fall treats. Keep reading to see....

Fall Festivities at WHS

Homecoming (Friday, November 17, 2023)

WHS Homecoming is coming up! This years homecoming theme is "Starry Night." It will be a fun night full of music, dancing, and socializing. Homecoming starts at 7:00pm and ends at 10:00pm. Tickets are \$15 and available for purchase starting on November 13th during all three lunch waves and also available online for purchase. If you want to bring someone from another school you can get a form from the main office, buy them a ticket, and take them. Buy your tickets and have an out of this world time at hoco!

Turkey Trot (Saturday, November 18, 2023)

The Waterford High School Turkey Trot is a 5K race that is hosted by the Waterford High School class of 2024. The proceeds of the race will be supporting the WHS senior class initiatives. The top runners in each age group will be awarded and complimentary t-shirts are given to the first 100 to register so register now! Come support our senior class by participating in the Waterford High School Turkey Trot!

Thanksgiving Football Game (Thursday, November 23, 2023)

The Thanksgiving Football Game is an exciting annual tradition against the East Lyme Vikings. This year we have home field advantage so let's get Lancer Nation in the stands to support our varsity football team. There is always an incredible and hype energy in Lancer Nation so bring it to the Thanksgiving football game. Be there and be loud. Roll Lancers!

Pumpkin Snickerdoodle

Ingredients

- 1 3/4 c. all-purpose flour
- 1 tsp. pumpkin pie spice
- 1/2 tsp. cream of tartar
- 1/2 tsp. baking soda
- 1/2 tsp. kosher salt
- 1/2 c. (1 stick) butter, softened
- 1 c. granulated sugar
- 1 large egg
- 1/3 c. pumpkin puree
- 1 tsp. vanilla extract
- Cinnamon-sugar

Fall Attractions

Clyde's Cider Mill

Open: 7 days a week: 9am-5pm
Clyde's Cider Mill is a family owned business that hosts the last steam-powered cider mill in the state. Such goods such as honey and maple syrup every year are so good! It's a great place to experience the fall season.

Scott's Yankee Farmer

Open: Mondays, Thursdays, Saturdays
Scott's Yankee Farmer is a family owned business from Ham-5pm and Saturdays from 10am-5pm. The orchard offers a "pick your own" experience with their wide assortment of apples that take through and a variety of other products. You can drop you off at the corner of Main and Elm where you can go from there. You can also pick your own apples at the Farmer apple orchard.

Holmberg Orchards

Open: Pick your own-Tuesdays through Saturdays
At Holmberg Orchards you can pick your own apples home to enjoy. Also, on Saturdays there is a farmers market where you can find "Holmgrown" fruits and vegetables, jams, soups, chocolates, and more. It's a fun, family time at Holmberg.

Peckerdoodle Cookie

Directions:

- 1) Preheat oven to 350°. Line two large baking sheets with parchment paper. In a large bowl, whisk together flour, pumpkin pie spice, cream of tartar, baking soda, and salt.**
- 2) In another large bowl, combine butter and sugar and beat until light and fluffy. Add egg, pumpkin puree, and vanilla and mix until evenly combined. Gradually, add dry ingredients to wet ingredients and mix until just combined.**
- 3) Roll about 1 tablespoon of dough into a ball then roll in cinnamon-sugar and place on baking sheet.**
- 4) Repeat step 3 with remaining dough and bake until tops start to crack and centers are just set. (12 minutes)**

Pumpkin Pie Spice
2 tbsp. ground cinnamon
2 tsp. ground ginger
1 tsp. ground cloves
1 tsp. ground allspice
1/2 tsp. ground nutmeg

am-6pm, Mystic CT

Family-owned and operated attraction that has been operating since 1881. Clyde's Cider Mill powered cider mill in the United States in action. They also have many variations of apple cider slushie, hard apple cider, and cider donuts! They also offer different local handmade jam. Lacey Montanari, a sophomore at Waterford High says, "The different stands there are great! On the weekends, they also provide kettle corn available for purchase. Clyde's Cider Mill is a great place with your family in the fall!"

Orchard

Wednesdays, Fridays: 11am-5pm, Saturdays, Sundays: 10am-12pm, East Lyme CT

Scott's apple orchard is open on Mondays, Thursdays, and Fridays. Saturdays and Sundays from 10am-12pm. Scott's apple orchard has a "pick your own" activity where you can handpick apples from the trees. You can also go on horse-drawn wagon rides around the apple orchard, pumpkin patch, and can go on a maze. The corn maze is another activity Scott's has. You can also go post to post trying to find your way out of the maze! You can also pick your own pumpkin from their pumpkin patch. Scott's Yankee Orchard is an incredibly fun, fall, family activity.



Tuesday-Sunday: 9am-5pm Market: 7 days a week: 9am-6pm, Gales Ferry, CT

At Holmberg's Orchards, there are a variety of activities you can do. You can pick your own apples and bring them home. On Saturdays and Sundays there are tractor rides! In addition to the orchard, there is a farm-to-table cafe greeted with their incredible bakery when you walk in. The farmers market also sells fresh produce and vegetables. Holmberg's farmers market offers their specialties that include pastas, sauces, breads, and more but also frozen items like locally made ice cream, ravioli, and prepared meals. Have a great time at Holmberg's Orchards!

The Impact of Barbie at WHHS

BY SAIEDA SAMED

Over the summer, Barbie swept the nation with its bright pink color theme and viral Barbie poster memes. It became rapidly popular in the Waterford area with many Waterford High School students having gone to see the movie.

Written by Greta Gerwig, the movie spotlights a diverse group of Barbies and Kens who live in a magical world called BarbieLand. According to Cision PR Newswire, Barbie was the highest grossing movie of the year earning more than 1.38 billion dollars worldwide.

For many women, Barbie felt like a celebration of femininity, women empowerment, and the color pink. The general consensus is that Barbie shows the pros and cons of womanhood and conveys the realities of a woman's existence. For girls at Waterford High School, Barbie was not a regular movie, it was an event. The color pink was everywhere and 'I am Kenough' shirts were even being sold online. Additionally, the interpretations of the movie plot and message also varied.

Camryn Thibodeau, a senior at Waterford High School, joined in on the exciting event with her friends. Growing up, she had a huge Barbie dream dollhouse that she she could create her own world in the Barbie universe. Initially, Thibodeau viewed the film with hesitation but had her mind changed after the movie started gaining positive reception: "Everybody on social media was saying they related to the movie and thought the movie was important. That's when I realized I wanted to see it." Thibodeau said. For Thibodeau, she had a strong interpretation of the film saying, "The movie pointed out how men have power that is naturally ingrained in society and how easily it is for women to be oppressed".

For Marializ Diaz, another senior at Waterford High School, the film was an important moment for women. "When I was younger," Diaz said, "I had one Barbie Doll and her hair would change color." Seeing the first teaser for the film excited her. She made it a mission of hers to dress herself in pink for the movie premiere. She knew immediately the film would be successful, "I was so excited to see the film because I knew it was gonna be good. In fact, the only doubt I had was the person playing Ken." After seeing the film, Diaz appreciated the underlying message saying, "The movie showed a male and female perspective in a way that was funny and silly. It explores a woman's reality in a way that benefits and empowers us."





Additionally, Maria Polloka, a sophomore, had a big love for dolls growing up so she was given many Barbie dolls from family members. As expected, because of her love for Barbie, she was thrilled to go see the Barbie movie. Polloka was determined to see the movie with or without the promotion: “The hype for Barbie definitely made people more excited for it but even if they didn’t end up promoting it, I still would’ve wanted to see it.” Initially, her first impression of the movie was that it was going to be a regular kids movie so when she heard that the movie had an underlying ‘feminist’ message, she was disappointed: “I was hoping that it was going to be a regular fairytale story so when the movie talked about multiple social issues I was a little disappointed.” In the end, Polloka had a unique take on the film saying, “Overall, I think the point of the movie was to show Barbie finding her identity and discovering herself out of Barbieland.”

While the reception of the movie was generally positive, for Emma Way, another senior at Waterford High School, her initial reaction to the Barbie teaser was the complete opposite of excitement: “I didn’t even know they were making a Barbie movie.” Way said, “I’ve always watched the animated Barbie movies, so I didn’t think it would work live-action.” For Way, she already had a dislike for live actions, so she didn’t care for the movie at all. In fact, even the social media hype didn’t convince her. She only ended up seeing it out of curiosity. “I didn’t see the hype for it on social media,” she said. “There was honestly more hype for it after I saw it. I just saw it to see what it was about.”

After sitting through the 1 hour and 54 minute film, Way enjoyed the light-hearted nature of the satirical film but only got a vague understanding of a deeper meaning. “The movie definitely had more meaning to others,” she said. “I think the movie benefitted women by showing the female perspective. I guess they also talked about feminism too. That’s all I took from it”. Overall, she enjoyed the film and appreciated the message it was trying to deliver.

Overall, the Barbie film has impacted pop culture and has proved that woman-led films can be successful and amazing.

Fall Beauty Trends



By Gracie Bartelli

From drug store makeup to high end designer brands, what makes some products more popular than others? Is it Alix Earle, the “It girl” of the generation, or social media?

Social media has been taken over with product reviews and “get ready with me” videos. These videos increase the demand of the products being used. New beauty trends pop up every few weeks. According to senior Luciana Valencia, “I like the blown out hair look” while senior Lea Arnold stated, “I’d say the slick back hairstyle trend is my favorite.” These trends become popular as they float through social media.

When asked what people look for in products, sophomore Lacey Montanari expressed her appreciation for “cruelty free” products. On the other hand, Valencia explained “Just if they can last all day, I guess, if it’s makeup wise, hair wise if it just doesn’t make my hair greasy.”

Fashion Magazine lists Drunk Elephant D Bronzi drops, Mielle rosemary oil, and Rare Beauty Soft Pinch Blush to be some of the most popular items according to many high school students.

While some purchase these products from stores such as Sephora or Ulta, many loved products are found in drug stores. The Everygirl website listed L’oreal Telescopic mascara, E.L.F Halo Glow Liquid Filter, and Can’t Stop Won’t Stop contour concealer as the best drug store products on the

market this year.

Hair care has also been on the rise. The most purchased brands were Olaplex, Briogeo, Amikia and Living Proof. These brands have products ranging from dry shampoo, hair masks, anti-frizz serums and many more.

The natural movement has also been on the rise with many people starting to make their own natural products. The ingredients range from a list of things; honey, oats, eggs and rosemary oil.

Looking into hair trends of 2023, the most popular popping up being slick back hair, blow outs, and curved bangs. Slick back buns, ponytails or even “hair headbands.” Blow outs using the famous Dyson, Revlon or hair rollers. Curved bangs with different lengths. Not only hair styles, but many different colors are being used as well.

The beauty and personal care market revenue amounts to US \$579.20 billion and is expected to continue growing. Information from the American Salon explains that 47 percent of the beauty industry’s workforce are minorities, with the many jobs this industry produces there are chances for everyone. All together the beauty industry generates more than \$57 billion sales each year. Another

fact said 60% of salon business owners are women. This is extremely inspiring for the rising women of our generation and ones coming.

For high schoolers looking for beauty influencers to follow, Luciana Valencia and Lea Arnold both said Alix Earle. Alix Earle attended The University of Miami and began her social media journey by doing “get ready with me videos.” In these videos she would do her makeup while showing the products and also put together her outfits and hair while explaining the process. Alix Earle grew respect from many as she opened up about her plastic surgery and her struggles with acne. People loved the fact that she was very relatable and honest about everything she does. On another note, freshman La’asia is the most influenced by Jeffree Star and his YouTube videos.

Embrace your own style while finding creative influencers that inspire you along the way.





Fall Favorites:



By Nola Gessner

- Uggs have had a major increase in their sales. Specifically the Chestnut Ultra Minis and Tasman Ugg Slippers. By giving the classic Ugg boot a new and shorter look, it has become one the most popular sold out item this year, as well as the Tasman slippers.
- Apple released their AirPods Max's on December 15, 2020. Recently it has become more popular this year due to the "clean girl" aesthetic. Although it is electronic, it has also become an accessory to add to an outfit.
- "Flare leggings" is just another reference to yoga pants. It's easy to style them with almost anything, like athletic wear, a regular t-shirt, tank top, sweater, sweatshirts, and long sleeves.
- A beauty product popular this year is the Summer Friday lip balm. There are 6 original flavors: Vanilla, Poppy, Vanille Beige, Brown Sugar, Pink Sugar, and Cherry, including a new edition, Sweet Mint. This brand is vegan added with ultra-hydrating seed butters and natural moisturizer that is long lasting and keeps lips from being dry.

Elle Dibuono's Take on Fashion:

By Zoey Cone

Where do you shop?

1. Zara
2. Pacsun
3. Urban Outfitters
4. Lululemon
5. American eagle
6. Off white
7. Ugg
8. Subdued
9. Van cleef
10. Francesca's
11. H&M

Price ranges for certain outfit pieces?

"With shoes and jewelry, \$4000 Without, \$300".

Shopping tips?

1. Go in store
2. Have outfit inspo
3. Buy staples not one time wears
4. Always look for sales
5. Plan out outfit before buying

Go to shopping places?

1. Westport
2. New York
3. West farms
4. Greenwich
5. Danbury

Good style places that are cheap?

1. Pacsun
2. Brandy Melville
3. H&M
4. Francesca's
5. Aeropostale

How do you incorporate your fashion design class with your real life style?

1. Creating Color combinations.
2. Styling different pattern combos.

How do you come across the deals/coupons you receive?

1. Go shopping at the right times
2. Black Friday,
3. cyber Monday
4. back to school
5. Super Bowl sale etc





Construction at Waterford Duck Pond

The Duck Pond, a part of the Civic Triangle in Waterford, has begun construction of a \$3 million project to improve the park.

The pond, located beside Rope Ferry Road, will now feature a handicap-accessible path, a boardwalk, an overlook area to the pond, a pickleball court, and a portable ice rink/stage for community events. These additions will accompany the existing playground, gazebo, and skate park.

The pond is currently closed off to the public. The once full pond is now

dredged and surrounded by a tall fence. Some trees and debris can be seen inside and around the construction site as well.

On the street side view of the construction, there is a descriptive map of what the plans for construction are, and what they plan to include.

The construction and dredging of the pond has raised some concerns for

local citizens.

Numerous turtles have been found dead along Rope Ferry Road in front of the construction site, as a result of the dredging and destruction of their home.



A plan was made, “including placing a large crate at the site, the construction workers, when they see a turtle... pick up the turtle and put him in the crate. Animal control will then safely relocate them away,” says the Waterford-East Lyme Animal Control in a Facebook post from September 11.

Some crates can be viewed from outside of the site with turtles inside them.

Jonathan Mullen, the planning director for the project says, "The plan is to release the turtles back into the pond once dredging is complete."

He also adds that the town is working with a certified herpetologist (an amphibian and reptile expert) and ensuring the safety of the turtles.

Kiara Suarez, a mother of two, who frequently visits the playground beside the Duck Pond says that as an animal lover, she feels badly about



the death of the turtles. She, however, also mentions how fun it is for her kids to visit. She says that the new accessible walkways would be "good for everyone."

The new plans for the Civic Triangle caters to the citizens by offering more activities and space to walk around.

"I am so excited for all the new editions," says Maple Siu, a student at Waterford High School.

The Civic Triangle project is split into six "phases."

Phase one is shown as the original Duck Pond and phase two is improvements of a smaller division of the Duck Pond, which includes development to the entrance. The other phases include improvements to the library and civic triangle playground.

These plans include expanding the library parking lot and adding two bridges surrounding the pond.

They also have proposed a water quality filter, which may improve the quality of the water.

According to the Environment Planner, Maureen FitzGerald, "sediment has accumulated in the pond to depths of 12-18 inches, reducing water depths." She added how algal blooms and oxygen depletion decreases the water quality of the pond.

In regards to the dredging of the pond, "organic sediment is being removed and the depth increased in the center of the pond to increase water depth." In other words, the dredging of the pond was to increase the water depth and the quality of the pond.

The landscape and architecture company, Kent + Frost, which is in charge of the construction over the Duck Pond, has also done improvements as to the softball field and pond.

The company is based in Mystic and has worked on other local projects, such as the Hygienic Art Park in New London and various buildings in the Mystic Seaport Museum.

Although the construction at the Duck Pond is only in the initial stages of its construction, it has a lot of potential. Based not only on the background of the landscaping company, but also the investment of money and interest from the Waterford community.

The new improvements have already warranted much attention from the community.

"Hopefully more people will start to visit the pond once it's done," says Maple Siu.

The improvements to the pond are still in progress, although a final date has not been set, the project seems to have big goals in sight.

By: Marializ Diaz





Sports Ettiquette

How to Attend a Lancer Sports Game

By: Lauren Montanari

ROLL LANCERS!! Welcome back, and I hope you are having a great start to your 2023-24 school year. The most exciting and memorable moments of coming back to school are under the Friday Night Lights. For many freshmen and even some upperclassmen, this year marks the first time partaking in the Waterford student section. In order to have a superior experience at any Waterford sports game, here are some things you should know:

If you are interested in coming to any game featuring a Lancer sports team, the details like the

date, time, and location can be found on the CTSports app. This app is helpful to both players and spectators alike. When downloaded, CTSports can add games and practices to your calendar and is a very helpful resource to keep track of all Lancer sports competitions.

You can also find up-to-date schedules and scores on The Lancelot, the school's online newspaper.

All tickets to attend Lancer sports events can be purchased on gofan.co. To purchase said

tickets, simply search gofan.co and open the first result. From there, enter Waterford into the search bar and find the tickets you would like to purchase. If you plan to be an avid spectator, seasonal passes to almost all Lancer sports events can be purchased on gofan.co. These season passes are sport specific, so they range in prices but can save you money. If you are interested in the Lancer Nation Student Sports Pass, which will give you admission to all regular season fall sports games, a link was sent to all students by Mr. Landry and can be purchased for \$35.

Part of the fun of a Lancer sporting event is the comradery of the crowd. Although participating in themes is not required, they are an integral part of the student section's appearance from the field. Each game has its own unique theme ranging from blackout red white, and blue; and neon. These themes can be found on various social media accounts on Instagram that are not affiliated with the school. If you plan on following the theme, have fun going all out!

As the fall season progresses, the temperature outside will drop drastically when the sunsets. Being ill-prepared for low temperatures can be the difference between a fun and exciting experience or merely a miserable evening. Be sure to check the weather before going out to games and if possible keep extra warm clothes along with you. It is much easier to take clothes off than to sit freezing in the stands.

The junior class is currently selling fleece blankets that will both keep you warm and show off your school spirit. The school store also sells Lancer gear that will keep you toasty. During the end of the season, it is much more suitable to wear sweats and a jacket, with more layers underneath.

In addition to tickets, additional cash is also recommended when coming to a game. Concession stands are available during football games in the fall and occasionally at basketball games in the winter. Games can be long and the

and the concession stands have many options to choose from if you are thirsty or hungry.

Games can get tense when playing rivals or when the other team gets disrespectful, but it's important to not give in and get frustrated. When asked how the Lancer student section can improve behavior, Officer Norm says,

"It had to come down to sportsmanship right? It has to be tasteful, not distasteful, right? So no swearing, stay in the stands, if the other team throws it right back at you, don't take it personally." It's okay to have spirit at games but being respectful and optimistic shows a better reflection of our school, and let's be honest, yelling at the other school doesn't hurt their feelings and they couldn't care less.

Lastly, being respectful of the stands is a large part of sports game etiquette. There are many staff members who work everyday to keep our schools clean for us. Simply being conscious of your trash and belongings

at the games. If you ever stay until the end of the game, the stands are trashed. If everyone were to take part in being responsible for their trash, then it would make a custodian's life easier the next day, and the experience more enjoyable.

Lancer Nation is an amazing community and we are lucky to have such a patriotic school

and student body. At the end of the day, high school is only four short years and something you will look back on for the rest of your life. Meeting new people, or just seeing your friends on a cool Friday night is what many of your peers look forward to at the end of the week. Senior, Emilia Podeszwa says, "Go to the games, have fun. It brings people together that you don't have in class." All of Lancer Nation hopes to see you at the homecoming game this October... Bleed blue Lancers!



**Football ECC
Record: 1-6**



**Boys ECC Soccer
Record: 10-6-0**



**Girls ECC
Soccer
Record: 13-1-2**



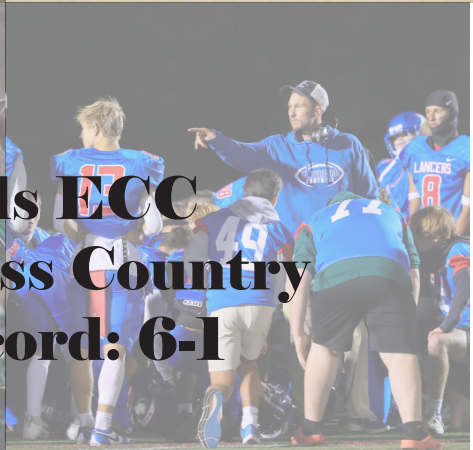
**ECC Field
Hockey Record
8-7-0**



**Boys ECC Cross
Country Record:
3-4**



**Girls ECC
Cross Country
Record: 6-1**



**Girls ECC
Volleyball Record:
17-3**



**Girls ECC
Swimming
Record: 7-4**



Photos by Wendy Morris



New Head Coach for the Waterford Girls Swimming and Diving Team: Amy Poulton

BY LIZZIE SAUCIER

Amy Poulton is beginning her first year as the head coach of the Waterford girls swimming and diving team. Poulton is no stranger to the water. Starting at the age of eight, she has been swimming competitively for 11 years.

During her time as a swimmer, Poulton swam the backstroke

leg in the 200 yard medley relay, the 100 yard backstroke, and the 100 yard butterfly. In 2009, Poulton and her relay set the Hall High School record for the 200 medley. Poulton set her second record in 2012 at the University of Saint Joseph in the 50 yard backstroke.

Her swimming career, however, did not come without difficulties. Her sophomore year, Poulton experienced an injury to her knee. For the next two years pushed through practices, wearing a brace on land and taping her knee in place when swimming. At the end of her junior year, Poulton had surgery and was able to return to swimming for her senior season and her freshman year of college.



Poulton in front of the WHS pool

After her first season of collegiate swimming Poulton decided to stop, but ended up missing swimming too much. Poulton ended up running the score board and timing system for her college team. This is also

how she got into coaching.

“I definitely think my injuries help me as a coach,” Poulton says, “I can modify sets of workouts to match what swimmers with injuries need to be able to keep

training, and not get more hurt.” Additionally, Poulton has an ongoing shoulder injury, so she completes semi-regular strength training to prevent further injury.

Poulton has been coaching for many years for a variety of teams across Connecticut.

Including the Connecticut Aquatics Club (CAC) in Groton, CT.

Additionally, Poulton was the head coach for both the boys and girls swim teams at Conard High School in

West Hartford, CT. On the collegiate level, Poulton spent two and a half years coaching the swim team at the University of Saint Joseph in West Hartford.

Today, Poulton teaches at the Marine Science Magnet High School in Groton, CT as a special education teacher with a focus in mathematics. Poulton heard about the open coaching position from fellow coaches of

the CAC team and the Ledyard High School’s girls swim coach.

Poulton is following the former head coach Brett Arnold, who had been there for the 22 consecutive seasons. “It was definitely nerve racking,” Poulton said, “coming in to take over a team and essentially starting from scratch on my own.” However, the response to her coaching style has been overwhelmingly positive.

Junior captain Julia Gathy reports, “I think she is a great coach! She definitely pushes us, but makes sure to keep practice fun.” Gathy continues, “Amy plays music during practice and lets us move things around in our sets, so we are more motivated.”

This keeps things fun for everyone, including Poulton who says “I love being a high school coach. If I am having a bad day, I can always count on someone to say or do something

funny.” A prime example of this being many of the girls speaking with southern accents throughout practice. Swimming is a mental sport, therefore maintaining a fun environment is a requirement.

Poulton highlights how swimming differs from most other

sports. She says that “feedback has to be more individualized, since you swim the events solo mostly.”

Her feedback has been working. At their first meet of the season, Poulton had three swimmers qualify for the class S state championship. By the end of the season, Poulton hopes to have as many team members as possible qualify and attend the championship.



The team dressed up for their “Think Pink”

**“I think she is a great coach! She definitely pushes us, but makes sure to keep practice fun”
- Julia Gathy**

The Lancer Returns

By: Maddie Parent

On May 7th 2016, Mr. O'Connor and Waterford High School student Kaitlyn Dow launched an unmanned mini boat off of Martha's Vineyard. Now, after seven years and three separate voyages touching down on five international countries, The Lancer has found its way back to WHS.

The voyage of The Lancer was initiated by high school senior Kaitlyn Dow in 2016 as her year-long project for ECE Oceanography. The class, taught by Mike O'Connor, is a UCONN course that focuses on a year-long project each student is required to complete. Kaitlyn initiated her year-long project, "WHS Drifter Studies," with the goal of better understanding currents and cross-ocean wind patterns.

To carry out this project, Kaitlyn assembled an uncrewed mini boat and surface drifter, both of which were assisted in their builds by Mrs. Shoemaker's fourth grade students at Quaker Hill Elementary School. After careful construction, decoration, and cargo assembly, the boat and drifter were launched off of Martha's Vineyard with the help of the Woods Hole Oceanographic Institution.



Throughout the year, Kaitlyn and members of the Waterford community collectively tracked the boat and posted updates on Twitter. In September 2016, the mini boat began to approach the Emerald Isle in Ireland. In order to ensure The Lancer's recovery, Mr. O'Connor contacted multiple governing officials in nearby Irish towns in hope of finding support, as well as Irish Coastways Surveys. The boat was tracked all the way towards Galway, where it was then expected to land. After calling local pubs in the Galway/Connemara area with the intention of

spreading the word, Kaitlyn and Mr. O'Connor successfully reached one owner whose eight-year-old niece, Méabh, ended up finding The Lancer perched on the rocky shore outside their home.

After recovering The Lancer, Méabh was interviewed by multiple Irish news networks. Back in Waterford, the community fundraised to send Mr. and Mrs. O'Connor to Galway with Kaitlyn and her family. In February 2017, the group was able to meet Méabh and see The Lancer for the first time since its launch.

Seven months after its landing in Ireland, The Lancer was repaired and re-deployed in the Atlantic Ocean by the Irish Marine Institute in an attempt to jump start its second voyage.

Beginning in April 2017, its second journey brought it back towards Europe, where it was recovered in Plymouth, UK in August of the same year. The boat was recovered by two civilians who had heard of its trip.

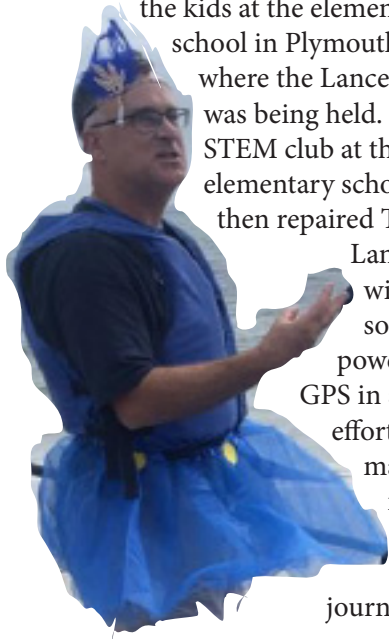
The Lancer was later brought to a local elementary school and was kept there for five years until



Mr. O'Connor's 2022-2023 ECE Oceanography Class began a group project involving its relaunch.

In October 2022, students from Mr. O'Connor's Oceanography class attended the Project OCN international conference over zoom, a program initiated to educate students globally about climate change through the lens of ocean literacy. The class was able to Zoom conference with

the kids at the elementary school in Plymouth, where the Lancer was being held. The STEM club at the UK elementary school then repaired The Lancer with solar-powered GPS in an effort to make its new journey



more environmentally conscious.

In Waterford, Mr. O'Connor's students began the process of building a second mini boat, Lady Lance, to send on a voyage similar to that of The Lancer. They followed the same process of building both the boat and the drifter and connected with Mrs. Shoemaker's newest fourth grade class, who assisted its decoration. The class documented the process of constructing and launching the boat and were able to interview the original fourth graders who helped build The Lancer in 2016, students who are now high school seniors.

Lady Lance was launched off of Woods Hole in October 2022, shortly followed by the relaunch of The Lancer in November.

The Lancer was deployed off Tenerife in the Canary Islands, Spain, in hopes to send it back across the Atlantic and return home.

Throughout the 2022-2023 school year, Mr. O'Connor's ECE



Oceanography students monitored both Lady Lance's maiden voyage and The Lancer's journey back. After months at sea, The Lancer landed in Long Island, Bahamas, and was recovered by a charter fishing boat the class had contacted. The mini boat was brought to a local high school where it stayed for the summer. After securing contact with the school, The Lancer was sent back to Waterford, where it has just arrived this September.

Want to advertise your business in *The Lancelot*?

Does your club have an upcoming fundraiser, you want to advertize for free?

Do you want to write for the school paper, propose a story idea, or take photos?

Email WHSLancelot@gmail.com



Arts vs. Academics by Lexie Hullivan

Waterford High School is home to 709 students, and of those 709, 135 students are currently enrolled in Advanced Placement Courses. However, taking into consideration grade requirements for AP courses, 25% of students grades 10-12 are currently enrolled in AP coursework. Additionally, 37% of the graduating Class of 2023 took an AP class at some point in their high school career.

The Advanced Placement program is offered through The College Board as an opportunity for high school students to earn college credits prior to attending a university. AP classes are also important in preparing teenagers for post-secondary education, in terms of workload, subject material, and teaching styles. In May of the end of each school year, students who have taken these classes over the course of the year will take an AP exam, where scoring a 3 or higher will earn you credit at most college institutions.

At Waterford High School, there are a number of course options for AP students, with 14 AP courses overall. This number is relatively similar to local schools with 19 courses at East Lyme High School, 13 at Robert E. Fitch High School, and 17 at Lyme-Old Lyme High School.

Despite a somewhat comparable number of APs to local schools, there is a notable disparity in the subjects covered by courses. For instance, social studies is well-represented

with courses such as AP US Government, AP US History, AP European History, and AP Psychology. Science students can choose between AP Environmental Science, AP Physics 1 and 2, and AP Chemistry, while the English and math departments have both of their respective courses currently affiliated with The College Board. However, WHS takes advantage of none of the AP art or design classes, or the AP Music Theory class.

Waterford High School is one of the few local high schools to not have AP Music Theory available. Lily Curtiss, Fitch High School senior, plans to attend college for musical theatre and will be receiving college credit for the AP Music Theory class she took last year. Curtiss says, "I am very musical-inclined, so AP Music Theory was a class that I was excited about while also getting that college-level experience and credit." Not all music-loving students are as fortunate as Curtiss.

If Waterford had an AP Music Theory class, Tim Fioravanti, teacher of the four of the six WHS music ensembles as well as the regular music theory class, would most likely be the man for the job. However, Mr. Fioravanti cites the lack of student interest in the idea of AP Music Theory as a reason for the class's absence from WHS. "We also do not have enough faculty to cover teaching the class," Fioravanti says, "Even if some people are interested, it would be almost impossible to schedule it. Most colleges make

music majors take a Theory placement test and my current class helps students pass that placement exam." With only eight periods, just over 60 classroom teachers, and every AP lasting, at minimum, a full year, it may be unrealistic to want WHS to include more APs than it currently does.

On the other hand, Kelly White, the head of the counseling department, believes "we have the resources to implement AP classes in other areas at WHS." The need for a greater variety of high-level courses is apparent. Jason Adler, WHS school counselor, says that the school could thrive in this area with just a few changes. Although he says the number of AP classes we offer is "pretty standard for comparable schools, I think we need to do our best to expand the amount of classes that offer credit at WHS and for colleges." This is a reasonable idea, as several classes at WHS provide low cost college credit, without being labeled as Advanced Placement. Early College Experience (ECE) and College and Career Pathways (CCP) classes give you a headstart on earning a UCONN or Three Rivers Community College transcript respectively.

Adler adds, "There are many colleges that would probably approve classes at WHS for credit at their institutions with, at most, a few tweaks." Additionally, Adler prefers ECE courses to APs. Instead of taking a summative nationwide AP exam, students would opt to take the UCONN course final exam.

The selection of AP classes has changed slightly over the years, with AP Biology transforming its curriculum to fit ECE standards instead, as well as AP Government, Computer Science, and Statistics being added in the past few years. The future of which courses will remain AP and whether new APs will be implemented remains up for discussion. Regardless of how AP courses change in the coming years, WHS students will continue to be offered college-level options in their yearly course selection.





Senior Traditions by Emma Way

Senior traditions are an important part of high school, and Waterford High is no exception. From painting a large rock at the front of the school to running around the halls together for New Years, these memories and traditions are special and cherished by the student body.

Some students wish to change or include more traditions, such as painted parking spots and senior leave or late.

Yana Abramova, a senior at Waterford High, said “Senior traditions are very important to high school culture. It’s a final bonding moment for the whole class, it brings people together. The last hurrah before college.”

Yana wished the school would allow painting parking spots: “Painting these spots could be an incredible fundraising opportunity, while personalizing something cute to have.” She agreed that it is better to have more money for future purchases.

According to the website, SCHOOL-inSITES, the average fee for painting a parking spot is \$25. This does not include the paint or supplies themselves, but covers the cost of painting over the parking lot at the end of the year.

Money raised during events like these can be used for future events like

prom, homecoming, class dinners, and senior gifts.

There are also artistic aspects to painting parking spots. Ms. Bono, an art teacher at Waterford High School, agreed “Parking spaces painted by seniors would be one more privilege they can earn. Our building is very plain and in general needs more color and expression throughout – so this would be one way to add to that, even though it’s outside.” The parking lot designated for seniors could be the perfect place to start.

One setback to this idea is censoring all of the art. There would need to be adult supervision at the time the painting took place, to ensure that no inappropriate pictures or writing was revealed. Some students might say that this takes away the fun, but it is important to keep in mind that there are children who visit the school to see their siblings or games.

Due to issues such as vandalism and destruction of property, students have dug themselves into large holes by acting foolish. An English teacher at Waterford High School, Mr. Ahlcrona, says, “Ensuring that everyone graduates is pretty important.”

Decorating your own spot can be a fun time with your friends and can also help seniors express themselves in a good way. Some might argue that there aren’t enough spaces in the senior lot to paint, but it is likely that not everyone will want to paint their own spot. There are alternative lots, and some people just aren’t interested in senior traditions.

Last year, one student, Sam San Juan, presented a parking lot painting proposal at a Board of Education meeting. The main reason as to why the proposition was turned down was the number of spots that are available.

Disappointment is a common theme as more students claim to have fewer study halls at the beginning and end of the day. Senior leave and senior late are privileges that the class has to earn, but students feel as though these

privileges are being taken from the class of 2024.

Jacob Beardsley, another 12th grader, said, “I feel like the senior traditions are going away slowly. We’re losing the ones that older classes used to do. Less people are getting senior leave and senior late than previous years, specifically the class of ‘21 and ‘22.”

During these years, most of the senior class, along with juniors, were able to come and go to school more freely. As the years went on, the strictness of privileges has become more common.

Other traditions that took place every year are now also being taken away, along with senior late and leave.

“The New Years run being taken away and senior prank having to be approved makes it hard to have fun during senior year,” Jacob added.

These traditions might not seem very important to the school board or staff, but for the class of 2024 and upcoming students, they are valuable privileges for the hard work they have put in through the years.. Making these lasting memories and being a part of something bigger than yourself is a big part of high school.



The Scoop On Ms. Champ

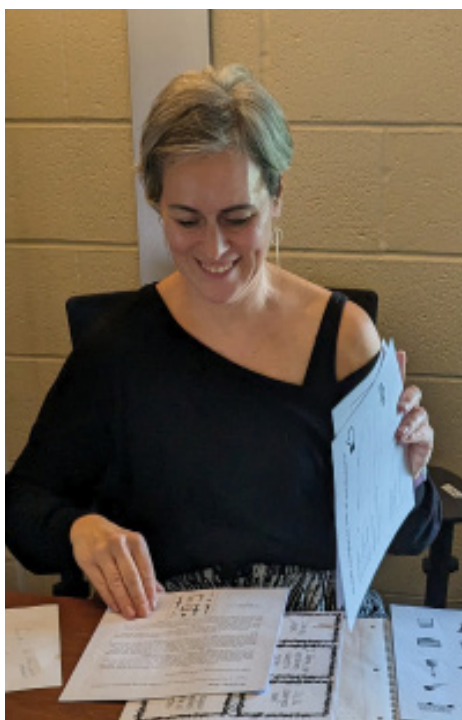
By: Evy N.

Sarah Champ began teaching at Waterford High School in 2022. She teaches Spanish one and two advanced and standard, as well as Spanish four advanced here at Waterford High in room 209.

Ms. Champ grew up in Vernon, Connecticut. She didn't care much for school then. She had flunked Spanish and was a B and C student. Ms. Champ hated Spanish in high school. She was more of an artistic child and liked art classes best. She only started to like Spanish when she went to live in Mexico.

Ms. Champ attended Simmons University in Boston. The university was an all-women's college. She studied Philosophy, Women's Studies, and Gender/Cultural Studies.

Her first experiences in a teaching role go all the way back to her years attending Simmons University. There, she presented for multiple conferences about gender and cultural history, broke down pieces of art, focused on



how we as a society construct gender and culture, and how people got power as well as how people could have gotten power back. She didn't know then that she wanted to be a teacher, but it is the first moment where anyone could see her ability to teach people.

After college she traveled around the world to over 10 countries, including Hungary, Slovakia, Italy, and England. When traveling in Mexico, she met her ex-husband and settled there for eight years.

Ms. Champ discovered teaching when she came back from Mexico. She had two young children, one of whom is now a senior at the high school. She needed a job with health care benefits. She knew she could speak Spanish fluently, so she went and took the certification program and got her teaching license. She has been teaching for almost 22 years--13 years in the states and 8 years in Mexico.

Ms. Champ says that she loves Waterford and loves the students. She likes working with and for people who have an understanding of what they want their students to learn. Her colleagues also like and respect Ms. Champ as a person and teacher. Ms. Marchese, a fellow teacher in the Language Wing, said "Ms. Champ is a fantastic addition to the Waterford High School faculty and the World Language department. She makes everybody

feel comfortable where they are and she's very welcoming of anyone in her classroom. She is a bright, cheery, and sunshiney person." Mr. Ash says that she's a student favorite.

Ms. Champ is always learning and understands how difficult it can be to learn the material. Arissa Moore, a current student of Ms. Champ's Spanish two advanced class, says that she likes how Ms. Champ always finds a way to adapt her teaching style for each student. During a test, Ms. Champ might give everyone the test on paper but go through it verbally for those who need it. For those who don't, they can just go on by themselves.

In her free time, Ms. Champ likes to play her viola, travel, and learn French. The thing she loves most is going to the beach alone and floating on the water.

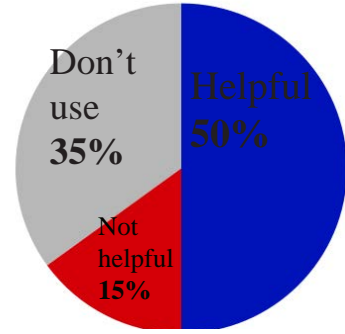
Lately, though, she's been studying for her TESOL--Teaching English to Speakers of Other Languages--license. With this license, she will be able to teach English to students who come here not knowing how to speak English.

Students from all grades are welcome into Ms. Champ's classroom at any time. In the mornings every day of the week, her room is packed with all sorts of groups and students.

Foreign Language Info by: Isabella Dioquino

1. Use the language in your daily life
2. Expose yourself to the language
3. Study, practice, & review

Are language learning apps helpful?
WHS students say...



Can ANYBODY learn a foreign language?

**Our
WHS
Language
Teachers
say...**

"Absolutely
.. we're
hard-wired
for it."



"Tell me I can't
and I can. So I
think anybody can
learn a language, I
don't think there's
anybody who
can't."



"Anybody can
learn a foreign
language, you
just have to
want to try."



"Yes.
Yep."



Lancer Life



Teacher Profile-

Mrs. Lally



By Samara Holley

Mrs. Gretchen Lally has been interested in art since kindergarten. She's always found drawing and painting interesting, and she's always loved playing with paints as a kid.

Mrs. Lally went to Boston University of Fine Arts for four years and earned her masters degree in art education. She previously went to Lesley University in Massachusetts and got her bachelor's degree in illustration.



Mrs. Lally is also a former Lancer; she attended Waterford High School, class of 2000. She had Mr. Fioravanti for the marching and concert band (she was a color guard), took Problems of Democracy with Mr. Gamble, and took cooking class with Mrs. Montanaro. Mrs. Lally also came back to the high school in 2007 for her student teaching. Being a teacher here now she says the building is bigger

than how she remembers it and the experience of being a student then a teacher is so different: "Feels like you're a fish in the sea."

Before becoming a public school teacher, she worked at Mystic Museum of Art where she was an art educator who ran camps and worked in outreach programs. She enjoyed creating tasks for the wide age groups she taught. She said, "It was very fun coming up with programs from ages 3 all the way to 80." She's also worked at a beauty company called Mary Kay. She loved playing with color and she's always loved makeup and the discounts she got.

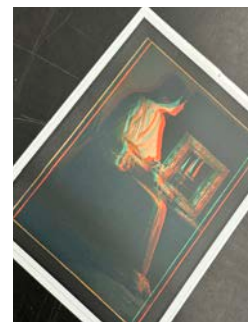
Mrs. Lally sells her own art. She likes to make things about subjects she's interested in, and she has learned that others were just as interested in those things as she was.. Her favorite things to draw are flowers and skulls. She sells her designs and also makes her own t-shirts.

She gets commissions to do illustrations for books or novels and she just completed a book cover for a novel. Mrs. Lally has also participated in the Submarine Trail in New London and created her own submarine, which had details of the US flag.

Mrs. Lally is an artistic person, so artistic that she's dyed her hair several times and loves to do so. She started with blood red on the tips of her hair, full black, full burgundy, full blonde, and every shade of purple and pink: "Hair is not permanent, so why not have fun with it." She said she hasn't done a blue yet, so she's thinking of a nice and bold sapphire blue.

Besides art, she said she likes going on nature walks and collecting things. Mrs. Lally also loves going to Maine every year where she's been going since she was a kid. She also spends a lot of time with her husband and three kids. She and her husband are celebrating 20 years together this year. She wants to visit Italy because that's where her family originated from and would love to experience the different cultures, paintings and architecture they have.

Mrs. Brown, another art teacher at Waterford High School, collaborates with Mrs. Lally.



Mrs. Brown said, "I enjoy working with Mrs. Lally tremendously!" She has an amazing amount of knowledge in a wide variety of art styles, and techniques". "She is incredibly creative, enthusiastic and kind which makes it so much fun to collaborate with her."

Mrs. Lally brings a lot of fun and creative artistic ideas and is a perfect fit at Waterford High School.



Teacher Profile-

Ms. Bono



By Yana Abramova

A teacher, a coach, and a business owner, Ms. Jackie Bono has been a teacher at Waterford High School for five years. Ms. Bono began her career at Waterford High School teaching fine arts classes and currently teaches photography and digital art.

Ms. Bono has been interested in art her whole life, and could always be found crafting something up. Growing up, she and her twin sister Lisa spent a lot of time sewing and crocheting with their grandmother. Their grandmother, or “Gram” as Ms. Bono called her, always supported their creativity and promoted their artistic growth.

Ultimately, Ms. Bono has always chosen art. In college, she started off majoring in elementary education. During her sophomore year, her counselor suggested that she switch to art education after seeing the great work she was doing in her elective art classes.

Ms. Bono has now been teaching art for 11 years. She began her teaching career at Griswold Elementary School and after six years transferred to Waterford High School. Throughout her years at Waterford, she has inspired and impacted many students. Cooper Bellos, senior photographer said that “she had very

creative lesson ideas” and National Art Honor Society member Isabela Haque described Ms. Bono as “very sweet”.

Ms. Bono’s kindness and creativity has greatly impacted her art students. Theater enthusiast and skilled digital artist Phoebe Brown said, “Ms. Bono took me from... a novice Digital Artist to a Pro... She pushed me to be more creative and... [she] does her best to let you not only keep your style but find ways to improve it. I love Ms. Bono, I think she’s amazing”

Being an art teacher is not Ms. Bono’s only role at the high school. Since day one, Ms. Bono has been a coach for the freshman volleyball team.

Ms. Bono played volleyball when she attended high school. She was a setter for Waterford and continued to play in rec leagues throughout college. As a coach, she has years of experience and her creative mind makes her great at explaining instructions both on the court and in the classroom.

Volleyball player Emma Way thinks that she is a lighthearted person who cares deeply about her work inside and outside of school. Emma said, “She (Ms. Bono) has made a big impact on many of the students at WHS and will continue to throughout the years.”

While many students are familiar with Ms. Bono from school, her life outside the confines of Waterford High School is less well-known. Ms. Bono is a licensed business owner.

She started her brand, Creativity in Connecticut, in 2018 as paint nights. She later rebranded to jewelry. Beginning with earrings,

she has expanded to custom sweaters and wants to look into making necklaces.

Ms. Bono was inspired to start her business after realizing that many paint nights that she attended were poorly organized and left people confused on how to paint their desired piece.



Many students know Ms. Bono’s brother. Mike Bono, who is also a teacher at Waterford High School. Ms. Bono said that she is grateful to work alongside and see her brother everyday. Although siblings can get annoyed with each other, it is helpful to have him close by.

The Bono siblings relationship helps students relate to their teachers and sets a comfortable tone in the classroom. Ms. Bono said, “I think the students really like seeing the relationship too, ‘cause he’ll (Mr. Bono) just pop in and be like ‘Ugh, how boring is she?’ and poke fun and stuff like that, but it’s nice to see that relationship... when I relate things to his classroom and they (the students) can see the interconnection.

Outgoing, hardworking, and kind hearted, Ms. Bono is a great role model for young artists and a welcoming resource for all students.



Schedule Change

By: Ysabella Radecki

The advisory block has changed this year. 10th-12th graders know the old schedule and know that on Thursday's they used to have an activity period. Since the schedule changed, there is no more activity Thursday.

Clubs that used to meet on Thursdays can no longer meet. With this new schedule change, clubs have to be able to meet after school. This comes with many complications: teachers might not be able to stay after school, athletes have sports, siblings may have to watch younger brothers and sisters, and students have homework.

Students are now having a difficult time trying to find a space where they can be who they are and not feel they are going to be judged. There were many clubs that were happening during activity Thursday, FCA (Fellowship of Christian Athletes), Uno Club, Book Club and many more.

Last year students could try different clubs each week if they wanted to. Students could also hang out with friends down at the gym or in the library.

Sophomore Gabby Pagano enjoyed Activity Thursday. She said, "I think students were able to forget about school work and enjoy some fun, even if it was only a couple minutes."



Junior Samantha Catala agreed. "Students had time to express themselves and not have to worry about work or deadlines, and instead work with teachers and others who had the same interests as them.

"Yes, I absolutely do. Now that we have an advisory/homeroom, We can't have time to go to an advisory, or hangout with friends or literally just eat breakfast. I'm sure that more people would actually enjoy advisory if we had a free day like we did last year." Camryn Thibodeau 24'. The vast majority of students think Activity Thursday was a positive thing. From finding new activities, to having time to take a breather.

success and fun in high school it is important to get involved. High school is only as good as you decide to make it, so it's important to find your passion or interest whether that is join a team, club, and/or extra-curricular activity. We can't say for certain that students need a club to "feel safe" in school, but it certainly will give them a greater sense of belonging which in turn will make students feel safe."

He said "Clubs and activities have always been part of our high school culture and have been taking place at WHS long before there was an "Activity Thursday". This won't change with the restructuring of our Advisory programming. Clubs will continue to run and meet at other times during the school day or after school."

Ms. Bono is the head of the sophomore class council. She said, "My availability is unfortunately very limited right now due to being a volleyball coach and having practice right after school most days. Were limited in meeting times to my home games, so that gives me enough time to run a short meeting and members to come before they head off to practice themselves. Overall, most say that activity Thursday was beneficial for them, they had time to see friends and have time to relax.



Senior Carlie Robinson said, "I enjoyed Thursday's activity because depending on my mood I could either decide to go to a new activity that interested me, or have extra time to play Uno with Mr. Ellis."

Mr. Samuelson understands the importance of clubs. He said, "We believe that in order to have

New Secretary

By: Regan Bernardo



Waterford High School has a new school secretary, Mrs. Camie Lozier. She can be found in the main office, making calls and answering questions from both students and parents. Although this is her first year working at WHS, and her first year being a school secretary, she previously worked at Oswegatchie's library and additional elementary schools for eleven years.

Lozier decided it was time for a change because the high school secretary seemed more of a 'permanent' position for her. She had heard great things about Waterford High School and came to the conclusion that joining Lancer Nation would not only provide her with more experience, but to supply her with ample opportunities for growth.

Mrs. Lozier manages phone calls, works the doors to let people in, and troubleshoots everything down in the main office. In spite of the fact that her job is busy, she likes to interact with everyone and get to know them. She says, "I like being able to spend a lot of time working with the new people, and talking with the students."

A school secretary will often run into several problems, and since she is new, more problems have arose for her, but Mrs. Batty described her as 'a great problem solver' and 'very ac-

commodating.' In spite of her being a new addition to the team, Mrs. Batty depicts her as 'bubbly' and has brought really good energy to the whole office space.

With access to Batty's calendar, Lozier helps her figure out what classes and what times are best to meet with students and even takes phone calls from parents. Lozier figures out if some are more pressing matters, which are very benefi-

cial to Mrs. Batty and helps her prioritize her time better. Mrs. Batty said that she "takes very copious notes."

Being called down to the main office can often be an intimidating thing, but with Mrs. Lozier's bubbly personality, it makes it a less stressful thing to endure. The interactions she has with the students, and even the parents, makes everyone's lives a whole lot easier.

Mrs. Lozier is able to speak with students with such ease, due to the fact that she has two daughters of her own. Her oldest daughter, Aubrey, is 20 years old and attends college, and Katie, her youngest daughter, is 19 years old and a college student as well.

Lozier has lived in Ledyard for the last 23 years. On her drive to Waterford, she usually finds herself stop-

ping for coffee at Starbucks. Her go to order is a super dark roast coffee with heavy cream; she prefers no sugar at all in her coffee orders.

While most people have a typical Saturday routine, Mrs. Lozier's Saturday is anything but routine. She usually finds herself being busy, as it changes often. In the mornings, she tends to clean her house, and takes the afternoon to spend time with her family. If time permits, she likes to go shopping with her daughters and hang out with them.

Lozier puts students at ease and answers any questions they may have for her to the best of her abilities, despite what other activities may be on her schedule. Stop by and thank her for all of the hard work that she does.



Senior Playlist Rewind

By: Emerson Lane



Maddie Laforte

All Your'n
Tyler Childers

You're Gonna Go Far
Noah Kahan

Secrets
A Boogie wit da Hoodie

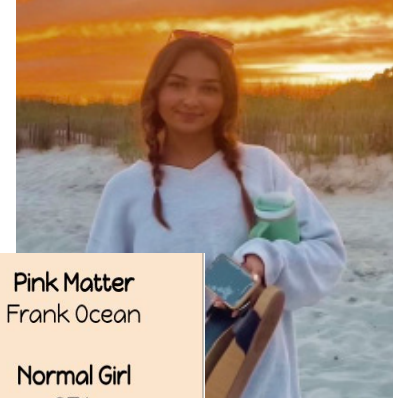


Cienna Nummy

Revival
Zach Bryan

Unwritten
Natasha Bedingfield

Rock and Roll All Night
Kiss



Lauren Montanari

Pink Matter
Frank Ocean

Normal Girl
SZA

Home
KOD



Jon Mitchell

Who Hurt You
Daniel Caesar

Role Model
Brent Faiyaz

Motorsport
Migos, Nicki Minaj, and Cardi B



Tristan Beltran

Best I Ever Had
Drake

My St**
A Boogie wit da Hoodie

Pressure
Rushy



Harley Mish

State Fair
Jack Harlow

Solo
Future

Need It
Migos, NBA Youngboy



Camryn Thibodeau

Natalie
Bruno Mars

Happier Than Ever
Billie Eilish

Nights
Frank Ocean



Saeeda Samed

Good Days
SZA

Revenge
Mariah the Scientist

Princess Diana
Ice Spice ft. Nicki Minaj



Gracie Bartelli

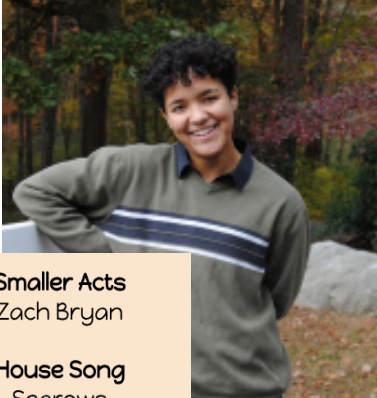
I Remember Everything
Zach Bryan

Don't Matter To Me
Drake

Bent
41, Kyle Richh, Henn Carter, Tata

What's playing through your airpods?

- Most Played Song
- Song that Describes You
 - Hype Song



Smaller Acts
Zach Bryan

House Song
Searows

Gasolina
Daddy Yankee

Aly Lewis



Call Your Mom
Noah Kahan

20 Something
SZA

Over
Drake

Cate Smathers



Love Language
SZA

Girl with the Tattoo
Miguel

PSA
Kay Flock

Emerson Lane



Mileage
Playboi Carti

Greed
Lucki

COUNT ME IN
Lil Yachty

Caleb Turner



Pink Dolphin Sunset
Tory Lanez

Touch the Sky
Kanye West

DNA
Kendrick Lamar

Elliot Childs



Duckworth
Kendrick Lamar

Walkin
Denzel Curry

Vent
Baby Keem

Rhys Tickner

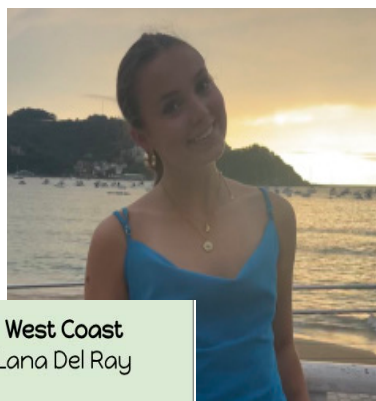


Homecoming
Kanye West

Kiss Me
Sixpence None the Richer

Over
Drake

Sam Silvia

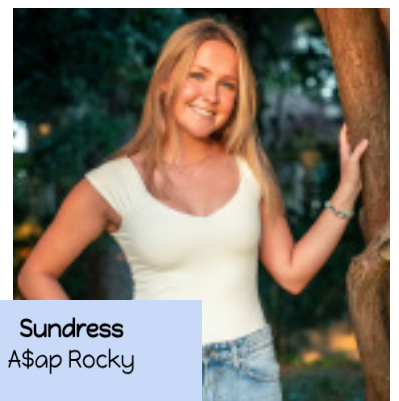


West Coast
Lana Del Ray

Young Folks
Peter Bjorn and John

Bonfire
Childish Gambino

Kayla Kelly



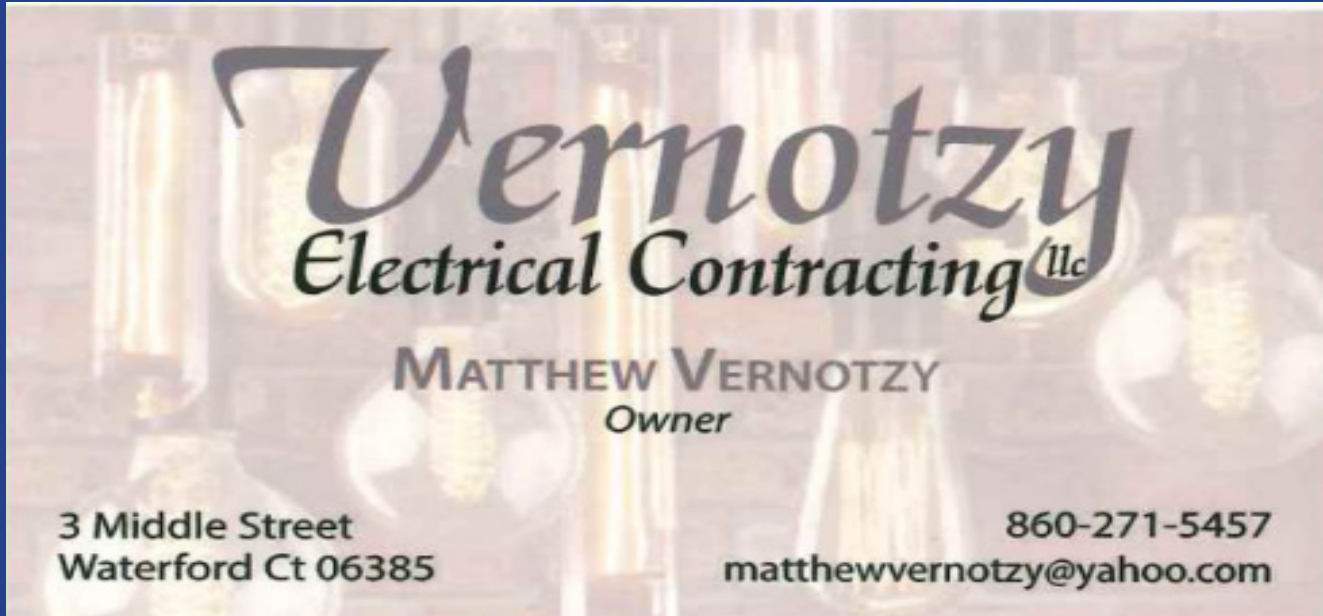
Sundress
A\$ap Rocky

Tongue Tied
Group Love

Right Above It
Drake & Lil Wayne

Maddie Parent

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Classic Mixed Green Salad

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Mozzarella

Mozzarella cheese, red sauce and fresh basil.

Pepperoni

Mozzarella cheese with a pepperoni topping.

BBQ Chicken

Wood fired chicken, cheddar, hickory smoked bacon, red onion, topped with an unbelievable BBQ sauce.

Golden Yukon Potato

Thinly sliced potato, hickory smoked bacon, sour cream, parmesan cheese, mozzarella, oregano, and white truffle oil.

Sausage Cacciatore

Crushed plum tomatoes, fresh Italian sausage, caramelised onion, and Alfono peppers.

Summer Wind

Vine ripe tomatoes, olive oil, sun-dried tomato basil pesto, fresh mozzarella, finished with a balsamic reduction.

Dessert

Cannolis

Lemon and watermelon gelato

Includes setup, cleanup, plates, napkins, and silverware.



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